

September 1, 2014

To my young people.

Lot of time has passed by since we all were together for the Lmad youth conference 2013. Precisely more than nine months are over. The time that has passed by I have thought endless number of times about my time with all of you in Jamshedpur. The entire conference was heart touching and many of the moments spent with each one of you has deeply etched within me. Thinking quietly of the conference creates a sense of satisfaction and peace.

I am sure life has moved well for you after the JSR-Lmad. Lot of important learning had taken place during those three days and I am sure you must have preserved the same by regularly following quiet time. Those three days had created moments of deep introspection and life changing learning. If you feel that you have gone away and feel disconnected with the teachings of IofC-Lmad, then this letter is a gentle reminder to go back and refresh the memory and re-create those three days deep within. The letter that is been written by you directly asks you a question where your life stands today after the process of realisation. If you have moved ahead and taken yourself to a different state of realisation the achievement is applaud able. You automatically become an example and the surrounding start to think and look at you with respect and put a question forward by stating that I see a visible change in you. When such appreciation is been expressed feel well from within and thank the Higher Force that you are following HIS path and HIS teachings.

If in case you have not moved ahead enough after the conference then there is something wrong and you have moved back again to the old tricks of cheating one's own self. Lift yourself and let your own personal letter be an inspiration and begin fresh.

You are hope and attending the three day life changing conference of Lmad will constantly remind you to walk on the path of righteousness. Remember one thing; life built on the foundation of inner listening only takes you to bliss and glow on the face. Whatever correction needed implement it without wasting time.

I am sharing the conversation of two great saints who has left behind valuable learning. They both belong to the land where you are.

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A rare conversation between Ramakrishna Paramahansa & Swami Vivekananda

Swami Vivekananda: - Why do good people always suffer?

Ramakrishna Paramahansa: - Diamond cannot be polished without friction. Gold cannot be purified without fire. Good people go through trials, but don't suffer. With that experience their life becomes better, not bitter.

Swami Vivekananda: - Because of so many problems, we don't know where we are heading...

Ramakrishna Paramahansa: - If you look outside you will not know where you are heading. Look inside. Eyes provide sight. Heart provides the way.

Swami Vivekananda: - Does failure hurt more than moving in the right direction?

Ramakrishna Paramahansa: - Success is a measure as decided by others. Satisfaction is a measure as decided by you.

Swami Vivekananda: - In tough times, how do you stay motivated?

Ramakrishna Paramahansa: - Always look at how far you have come rather than how far you have to go. Always count your blessing, not what you are missing.

Swami Vivekananda: - How can I get the best out of life?

Ramakrishna Paramahansa: - Face your past without regret. Handle your present with confidence. Prepare for the future without fear.

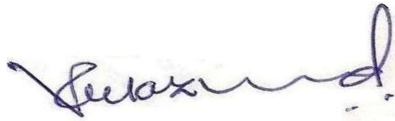
Trust me. Life is wonderful if you know how to live.

The conversation talks about going within, together we all had learnt quiet time and how to introspect and look within to find the answer rather than constantly moving outside.

The LMAD team is coming again to Jamshedpur in the last week of November to conduct the annual regional youth conference. We will inaugurate the conference on 27 November which is Thursday and the conference will end on 30 November which is Sunday. For more details get in touch with Rajiv Agarwal or other coordinators who had helped run the conference last time. if you feel that you want to help in this conference then your involvement is important and for this you need to speak to Rajiv Agarwal.

Looking forward to meet you in person when I come to Jamshedpur in November along with the entire IofC-Lmad team.

Till then happy listening.



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