

5th February 2020

The sweet people of Bengal. I loved my time with all of you and the cyclone Bul-bul did not dampen the spirit of young Kolkata who actively participated in the first regional conference of LMAD in your home town.

I was overwhelmed by the working team, solid strong support of Saurabh Da and the organising team of Tapolina, Sumaiya and Bikramjit who gave unconditionally in building up the first regional conference of Bengal in your beautiful city.

I left the city with a deep satisfaction and a feeling within that soon I along with the LMAD team will be called again for a similar youth gathering to deliver the life changing message amidst the youth.

Almost four months have passed by since we all were together under one roof learning an alternative message of life and can it be applicable in our day to day routine, the answer is YES, we can live and lead our life following the moral standards of life under the guidance of quiet time each day with discipline.

I am sure you are remembering those four days of togetherness where we learnt new things together, shared together, laughed together, ate together, cried together and departed with a feeling that soon we will meet. Not a day has gone by that I have not remembered my time with all of you and even if I thought that I will forget someone from the conference will remember me through a message or email or a call that is the kind of bond I feel within with all of you.

After coming back from Kolkata life was full plate with a big conference in Tamar which is a Naxal affected backward region of Jharkhand, followed by a conference in Jamshedpur the biggest LMAD gathering where more than 900 students participated for a four day youth conference, followed by our 25 LMAD December gathering at Asia Plateau, Panchgani the memorable time of seeing the team of last 25 years.

Year 2020 has started on a relaxed note and nothing on the plate; thinking and introspecting what next.

One thought which I would like to share which is close to my heart and I am working upon to make it happen, is that I want to inspire few young people from across the country to give their one year towards the work of LMAD. Base oneself in Delhi and work for this cause across the country and take forward the work of LMAD in many different regions of India.

Think about my thoughts in your quiet time and if you feel that you are the one who is meant to invest one year for LMAD then your conscious will guide you.

I wish you good luck and with focus deliver the prepared subjects by writing your exam papers with concentration. All the best and make yourself proud by being the best in what you do.

I am thankful to Tapolina, Sumaiya and Bikramjit for personally handing over the letter written by your own-self. Your own written letter is a reminder of your time with LMAD where realisation had dawned upon you. Not to forget the disciplined quiet time of 20 minutes every day, it is the silent key to success and you had promised LMAD to give this morning time each day. Stay in touch and communicate.

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