



25 December 2025

First conference of Let's Make A Difference at Chinmaya Vibhooti; is a new beginning and works so well with the earlier tag line of Initiatives of **Change**; change is something we have to embrace and change is constant. Change is unchangeable. Change brings newness and a new experience. Chinmaya Vibhooti offered us that change and warmth through its people, the vibes of the place, its teachings, overall serenity in its surroundings, complemented what we were doing and gradually the entire experience of being at Vibhooti grew over us.

Embracing the forward movement and not allowing us to stagnate and perish is change, continuing with focus on the path of taking our youth work ahead is perseverance, never to give up and vision towards growth by being relevant within the youth of our nation. This defines that good work cannot be stopped or pulled down because there is a blessing from higher forces and HE too is seeing and we are HIS instrument in carrying forward the message of inner change. The work that we are doing is with zero expectation, our only focus is to give and not expecting anything in return. Forward moving is our approach.

Negative forces will be coming from outside and from within our own mind but to defeat them is the purpose of each individual, and that is the role of conscience listening with discipline morning quiet time of each day, that is what we are learning through our youth conferences.

The second edition of Let's Make A Difference youth conference at Chinmaya Vibhooti will be inaugurated on 1 June 2026 at 5.00pm. By then youth work will be in the middle of its 33 years.

Solid, Strong, Stable and reinforcing the foundation that we are been building since inception. To go back to our original date of 1 June, means a lot to the entire youth fraternity because the date 1 June means youth conference and young people from across the nation flock, to be part of this unique learning process which no other youth movement across the country offers what Let's Make A Difference has to offer.

Over a decade, I am been thinking of extending the youth conference by one extra day. The coming youth conference is going to be for **NINE DAYS** [1 – 9] conclude on 9 June at 2.00pm.

We will be registering 200 participants for the National Youth Conference 2026. Spread the word around, inspire them by your changed living and let the youth in your community/peer/surroundings know about this life changing gathering.

A good six months have passed by and now you are reading your own written letter, for sure, it will bring flashes of those eight days, every moment lived together will get enlightened within. The letter asks you a question; have I lived up to my written expectation, if so, the forward journey bring smile and inner satisfaction and reiterates the message of discipline quiet time of each day, if stuck, after initial momentum, then time to re-start and if gone down slope, then pull yourself because you are capable to being where you have decided to be.

The letter which you are holding in your hand is an inner inspiration; a collection of thoughts gathered during the silent moments of introspection and later got transferred on this page. This is no ordinary letter but my own inner conversation on paper.

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Phone	Address	Email
+91 843 2321 993	A-394, 3 Floor, Defence Colony, New Delhi 110024	info@lmad.in



Also reflect on all the sheets that you received during the course of the conference; wastage of time, detox from the mobile and screen, career path, habits and other areas which need attention, most important relations and reading your quiet time diary. All this is connected with the letter to self which you are holding in your hand. I strongly emphasize on two aspects as take away from our youth conference; regular detox from mobile, social media, unwanted content and information, switching off your mobile each night and discipline time of silence/quiet time of each day. This morning time cannot be compromised.

I am sharing one of the anecdotes which was written to me by one of you who was part of this year conference. {I have continued my quiet time, and today in my quiet time these were the thoughts I got:) since I can't go up on stage and share it with you, thought of writing to you. Thank you so much for building this platform. In a world that has been soooo fast, I've been just running around and hustling to build my own life, quiet time is the only thing that makes me take a pause and look within disregarding all external factors. I'm so glad to have inculcated this habit in my life}.

She further adds, her own built relations by attending few youth conferences and how relations are nurtured {I am still in touch with my friends from the first conference as well as the friends from the latest one. We all bonded over such deep thoughts and emotions that these friendships seem so genuine and unconditional. That's what let's make a difference does. Even though we live in different cities/countries, we make it a point to check in on each other from time to time and that to me is so precious and a bond only formed because of Let's Make A Difference}.

From then, to now, Let's Make A Difference has moved forward doing various youth related work across the country. The big milestone was the 25 Jamshedpur Youth Conference, one of the biggest gatherings of our work. Pune conducted two days' workshop in August and Dharashiv introduced the idea and thought of Let's Make A Difference to 300 people, by engaging with the participants for a day. Fruitful meetings with various colleges at Shambhaji Nagar, everyone requesting our time and a ground level conference. Let's Make A Difference gave a talk at Usha Martin University, Ranchi. It was well received by less than 200 students. The follow-up created an opportunity to conduct a two days program for the professors, administrative staff and non-teaching staff which our team is conducting on 9 - 10 January 2026.

All this forward movement has been possible due to each one of you and beyond you, by bringing in new thoughts, freshness to our work, opening new opportunities and avenue towards the growth of our work and constantly many are thinking, how can they take this work in their surroundings to influence and spread this vibrant message which is the need. In the coming year we are going to engage in Uttarakhand, Ayikudy, Baramati, Dharashiv, Nagpur, Shambha ji Nagar and also be at those places where we have established our presence.

During the youth conference we had initiated a specific content writing about our own life journey. Life **before**, Let's Make A Difference life **at** and life **after**, a good six months have passed by. Before and At was

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well thought and many thoughts were compiled, **After** is pending. Now is the time to close **After** and share that open journey with me so that I can get it uploaded on the website.

After reading your own written letter and my letter to you, do share your thoughts and what you felt after re-living those eight days, I will wait for your response either through email or you can call me or come over to my home and share. Speak with your group leaders, they have put in lot of efforts, worked very hard to build the conference and constantly guided you. A brief conversation will mean a lot.

I appeal to you, you have lot within you to offer towards the work that we are doing, do not restrict yourself and neither create self-doubt, all that you need is inner push, belief and faith, rest will happen.

I am there along with the large family of Let's Make A Difference to hold your hand and walk together.

The year 2025 is on its way to sun-set, new beginning, 2026. I wish you a year of focus, all that you do, do it with awareness, silence and discipline be your constant companion and constantly become a better version of yourself. Happy New Year.

Viral Mazumdar

Email: viral@mazumdar.biz

Mobiles: 9810440054 – 9312604694.

WWW.LMAD.IN

Phone
+91 843 2321 993

Address
A-394, 3 Floor, Defence Colony, New Delhi 110024

Email
info@lmad.in