

16-January-2020

We have stepped into 2020 sounds good like a limited over cricket match, but for many it is the beginning of the new decade and what one would like to see happen in the coming years through their perseverance and make it unfold the way one wants it to happen rather than just happen on its own. The choice is yours, make it happen or just let it happen, there is a big difference in both the approaches.

Look at the coming ten years as your decade and shape your destiny through hardwork, perseverance and no short cuts. It is possible and you can make it happen, move ahead from speaking/thinking to doing and once you get infected by the habit of doing the true nature of soul is realised.

The New Year has just begun and many new resolutions are written or thought of but one resolution habit should be a continuous part of our life and that is a disciplined quiet time of 20 minutes every day and consciously living the values which we learn from our home, school/college and institution like LMAD. I wish you great life, more riches within and outward a personality of peace and focus.

1994 to 2019 twenty five years of LMAD journey and you were part of the historic 25<sup>th</sup> Youth conference. Our approach is to give the best we can to everyone who subscribes to the learning of LMAD. The long journey has enabled us to understand the youth of our country and deliver as per their needs of what they desire within their life and beyond. If you feel we are missing out on any important learning which will add value to the youth of our country please draw our attention so that we can learn from your thoughts and sharing which can be put to use for better good to the larger human capital.

With experience of so many years I have also moved ahead in age from twenties into fifties. Every step has been valuable learning and understanding human nature and behaviour. This constant journey of learning, listening and interaction with young people has made it richer in many aspects of life and for this I am thankful to GOD that HE has used me to serve the younger generation of my country and I keep on offering the service to serve the mankind in all possible ways.

25<sup>th</sup> year in many ways was significant, first of all it created opportunity to interact and serve more than 2000 participants; YC 19 was the biggest gathering of young people at Asia Plateau kind of full house. As the year progressed we celebrated Independence day in Parli, Maharashtra by conducting youth program at Shrimad Rajchandra educational institute for 100+ students, experience which many of us will remember for long time, youth is innocent in its adolescent and how it gradually changes as it add age and experience to oneself. India lives in its villages and how innocent the people of villages are, the soil is soft and it can be moulded the way one wants it and that is what the LMAD team did with the youth of Parli.

2017 we had one participant from Katni and other from Kolkata and how they both experienced change after attending YC, the message of change deep within them ignited the flame to spread it to many more in their surroundings which gave birth to Katni and Kolkata regional conference. Both the experiences have left an impact where one is waiting within to re-visit those places again and spread the work of LMAD.

Jamshedpur is an established endeavour of our work since long and under the guidance of Shraddha, Rajiv and the entire team has helped LMAD grow gradually and spread itself within many educational institutes of the steel city. It witnessed one of the largest youth conferences of LMAD and we had 900 participants.

LMAD in the past has worked with certain section of the society but since few years we are doing youth conference in the most backward Naxalite affected region in Jharkhand which has SC/ST students. When a student of this section get lifted in life and joins main stream the result effect is very positive and it not only changes the life of that individual and its family but its entire village gets the benefit by the positive outcome. We are

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witnessing the gradual process of change in this region. The culmination of 2019 ended with the December gathering at AP of last twenty five years. All I can say and write about it is watch the pictures on the facebook.com/iofc.lmad/ the smile and happiness on the faces of each individual speaks for itself.

Since we are the students of quiet time and the initiatives which has given momentum to our work are the thoughts which took birth in many individuals quiet time and later it was followed and that is how this journey of 25 years has been able to touch the hearts of endless young people and through them their families have experienced sweetness of values.

I want to inspire you to listen within and follow outward and take an initiative which comes from within for the larger good of mankind.

Very soon we will be sharing the written glimpses of the 25 gathering on our website [www.lmad.in](http://www.lmad.in) and many important thoughts and decisions have been thought to take LMAD to a different level of deliverance, one of the thought is to take LMAD International in 2020, the other significant thought is to have three or four young people working with LMAD on a one year project, be based in Delhi and work across India in spreading the life changing message of change in the young people's community. If you feel within that you are one to be part of this endeavour than let me know and if it is meant to happen you will be one on board for a year to serve LMAD.

2019 also saw untimely demise of two very young people who were part of the LMAD. Both the deaths were due to lack of thought process and failure of our teachings and as a team we were not being available in those moments when tragedy strike. The untimely departed soul will feel the pain of repentance when they see their family and loved ones going through massive pain. The soul of Mahima and Varun progress in their journey. Life is beautiful and we can make it interesting and meaningful by living the purpose for which we have come as humans. Celebrate being human and live each moment rejoicing by thanking GOD for HIS grace on us.

Stay in touch and communicate and your own written letter in your hand will once again take you on a journey of LMAD at AP. Reading of the letter will be the biggest resolution of New Year.

I want you to write your journey which was started at LMAD with the question life before LMAD, life at LMAD and life after LMAD the first two part of the journey was thought and written and the later part of it was to be completed after a while and since six long months have passed by I am sure you can write about the last part and send your journey to us to get it uploaded on the website in the story section.

My prayers and good thoughts are always with you in your progress and growth.

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