

LET'S MAKE A DIFFERENCE

Impact Assessment Report

2025- 2026

Acknowledgements

The journey of Let's Make A Difference continues to move forward because of the silent sacrifice, steadfast commitment, and unconditional giving of countless individuals and institutions. Year after year, we achieve the 'remarkable' when people come together with pure intention and no expectation in return, and hence, lasting change becomes possible.

This Impact Assessment is not only a compilation of activities, numbers and outcomes, but also a reflection of the faith that so many people have placed in the work of Let's Make A Difference. Behind every conference, workshop, mentoring session, and student transformation are invisible hands that give their time, energy, resources, and goodwill in abundance.

We extend our deepest gratitude to our **CSR partners and donors** whose financial support enables us to reach young people across the country. Your trust allows us to carry this message of reflection, responsibility, and self-leadership to communities where it is needed most. To our **private sponsors and well-wishers**, many of whom quietly contribute without seeking recognition, your support strengthens the foundation of our work. Over the years, the work of has been strengthened by institutions and individuals who have walked alongside us with trust, encouragement, and a shared belief in the transformative potential of young people.

We are profoundly grateful to the **principals, directors, trustees, and heads of schools, colleges, and universities** who open their doors to us and send their students to participate in our programs. Your willingness to trust this process and your belief in the potential of your students has helped build a powerful partnership in nurturing future leaders.

A special word of gratitude to **IC Centre for Governance (ICCFG)**, whose steadfast support has been invaluable to our journey. **Mr Prabhat Kumar and Mr Shanti Narain** have consistently encouraged our work and provided thoughtful guidance. We express our heartfelt appreciation to Forbes Marshall for a long-standing and deeply valued association. It is inspiring to see an organization that goes beyond its immediate corporate responsibilities by encouraging the employees' children to participate in our programs each year. Your continued trust and support have touched numerous young lives.

Our sincere thanks to Empowering the Vision (ENVISION) project the wider Tibetan community for their warmth, openness, and meaningful partnership. The values of resilience, discipline, and inner strength embodied by the Tibetan people resonate deeply with the spirit of Let's Make A Difference.

We are grateful for the opportunity to engage with young people from this remarkable community.

This year marked an important milestone in the international journey of Let's Make A Difference. On August 1, the founding trustees visited the **Embassy of Japan** in India for a landmark meeting with **Mr. Kobayashi Takashi** and his colleagues. We shared our vision of taking a youth delegation to Japan to interact with Japanese students and build bridges of learning and friendship. Kobayashi-san received this vision with warmth and encouraged us to submit a detailed proposal. This historic meeting represents the first formal step toward making Let's Make A Difference an international movement. We are deeply indebted to **Mr. Miyamoto Shingo**, a dear friend of Let's Make A Difference who played an instrumental role in making this meeting possible. Despite the demands of his distinguished role, he has remained in regular contact, consistently making time for us and extending generous support and encouragement. His friendship and belief in our work have helped open a meaningful new chapter in our journey.

For a quarter of a century, the **Kerala Public School's Trust** has been one of the strongest pillars of our journey in Jamshedpur. As we complete 25 years of youth work in the steel city, we look back with deep gratitude at this enduring partnership that has touched and transformed thousands of young lives.

Under the visionary leadership of Sharat Chandran and the thoughtful guidance of Lakshmi Ravunniyarath, the Trust has consistently opened its schools and hearts to this work.

To our long-term partners and our new associations alike, thank you for believing in this vision. Your trust, goodwill, and partnership continue to expand the horizons of Let's Make A Difference and strengthen our shared mission of helping young people discover purpose, responsibility, and the courage to lead lives of meaning.

Our youth volunteers remain the heartbeat of this movement. Traveling long distances, often at personal expense, they serve with humility and dedication. They listen deeply, hold space with patience, and give their best to ensure that every participant feels seen, heard, and valued. Their spirit of selfless service continues to inspire and energize this work.

We also acknowledge the many individuals who contribute behind the scenes, those involved in design, writing, data compilation, photography, logistics, printing, communication, and coordination. Your meticulous attention to detail and willingness

to take responsibility have given shape and substance to every initiative undertaken during the year. A special word of gratitude to the **core team members** whose consistency, creativity, and commitment have strengthened Let's Make A Difference in innumerable ways. Each contribution, whether visible or unseen, has helped us reach further and serve better.

To every participant, parent, educator, volunteer, supporter, and friend of Let's Make A Difference: thank you for walking this journey with us. This work belongs to all of you. Your belief in the power of young people and your readiness to give without expectation continue to illuminate the path ahead.

With heartfelt gratitude, we dedicate this Impact Assessment Report to everyone who has helped transform lives, one conversation, one reflection, and one act of kindness at a time.



A Note to the Volunteers

The strength of Let's Make A Difference is beyond its ideas and vision - in the unwavering commitment of its volunteers, who are the quiet force that sustains every conference and outreach effort. Behind each event is a dedicated group that works tirelessly, often long before the programme begins and well after it concludes. From coordinating logistics and preparing materials to ensuring that every participant feels welcomed and engaged, their contribution forms the backbone of every successful interaction.

Equally vital are those who support the movement from behind the scenes. A committed network of volunteers works continuously on content creation, website management, social media engagement, outreach, and coordination. The careful drafting of reports, thoughtful design and printing of brochures, and the seamless handling of communication channels all require time, skill, and attention to detail. These efforts, though less visible, are essential in shaping the identity and reach of the initiative.

What makes this contribution truly remarkable is the spirit in which it is offered. All of this work is carried out selflessly, without expectations of monetary reward or recognition. It reflects a deep sense of ownership, belief, and alignment with the values Let's Make A Difference stands for. This culture of voluntary action strengthens the institution's functioning and embodies its core philosophy, that meaningful change begins with individuals who are willing to give their time and energy for a larger purpose. In recognising these contributions, it becomes clear that the volunteers are an integral part of the movement's growth and impact.

Guiding the Vision

The trustees, mentors and lifelong volunteers who carry this movement forward.



Viral Mazumdar

Founder & Course Convener

Thirty-five years ago, I got introduced to the idea of listening to myself, through the work of Moral Re-armament, before that I was not aware something within speaks, guides this was happening before, but I was ignorant, after that day I was kind of introduced to myself. Listening became a habit since then, and I am liking it. This one powerful aspect of listening to myself, guided me to spread the message within the youth of my country.

Over three decades have passed by, since I am doing so, but even today, it feels like I started yesterday; fresh, energetic, enthusiast to be with young people, listen to them, understand their challenges, thoughts, what they are going through, aspirations all this is adrenal for me. It is mission of my life to spread the gathered knowledge, experience and bring change in the youth of my nation.

Being a foot soldier of this work, I keep my mind, eyes and ears open to take the work far and wide, keep introducing the idea to many more, inspire my fellow team people to spread the work in their surroundings, within their family, in their work place, by keeping this thought alive, constantly, I, along with the team we are gradually moving ahead, sustaining the growth of our work for over three decades, that in itself speaks about the credibility of the institution that we have created together.

Constantly I connect myself with new people, institutions, companies, corporates and all those who take and show interest in our work. Gradual progress of youth work is visible in the society and appreciated. This is giving me encouragement to keep working hard each day and spread this inspiration within the larger team to stay motivated and take initiatives.

I consciously keep the thought alive 'not to waste time', each day of physical exercise towards good health is must, thoughtful eating, speak only when it is needed or necessary, silence is integral part of my life. Silence gives me strength, focus, stability and clarity in thinking and decision making.

Neha's association with ethical values and inner transformation began early in life. Growing up, her family had a summer home in Panchgani, where she was first introduced to MRA at the age of 10. Later on, she began attending the youth camps - an experience that would go on to shape her lifelong devotion to service and human connection. Over the years, as MRA got renamed as IofC, Neha also introduced this powerful concept to her husband Viral, extending her commitment to building a value-driven community. Later on, Neha and Viral Mazumdar, together as a couple, went on to organise Let's Make a Difference Youth Camps, eventually emerging as key leaders of the movement.



Neha Mazumdar

Trustee · The Invisible Backbone

At the heart of her work lies a deep belief in friendship as a transformative force. This belief is reflected in her role as the invisible backbone of Let's Make a Difference. While often working behind the scenes, she plays a crucial role in ensuring the well-being of the participants, managing medical needs, offering care, and creating a safe and supportive environment for all.

Her contributions, though understated, are integral to the spirit and success of the initiative. Owing to the sustained dedication of Neha and Viral Mazumdar, Let's Make a Difference has today evolved into an independent institution, continuing to grow and create impact across communities.



Amit Keshan

Trustee · Associated since 1996

Amit Keshan is the Founder and CEO of Webgrity, a 100% export-oriented technology company focused on the development of web and mobile applications for international clients. With decades of experience in the software industry, Amit has been closely involved in building technology solutions that combine innovation, reliability and practical business value. Under his leadership, Webgrity has grown steadily while maintaining a strong commitment to quality, learning and people development.

Beyond entrepreneurship, Amit has been actively associated with Let's Make a Difference since 1996, contributing his time and energy to initiatives that focus on building individuals guided by strong values and character and encouraging people to grow into responsible and principled human beings. His long association with the organization reflects a deep belief that meaningful change begins with individual responsibility and collective action.

Amit strongly believes in the principles of a growth mindset, lifelong learning and continuous skills development. At heart, he considers himself an educator. Over the years, he has personally mentored and trained more than 200 beginner software engineers, guiding them one-on-one and helping them transition into mainstream software development careers. All of these young professionals have gone on to build successful careers in the technology sector, something Amit takes immense pride in.

Outside the world of technology and mentoring, Amit enjoys activities that stimulate curiosity and strategic thinking. He has a passion for strategy-based games, exploring offbeat travel destinations and discovering lesser-known places and fascinating natural wonders. He is also an enthusiastic philatelist, particularly interested in collecting and studying scarce and unusual stamps, a hobby that reflects his appreciation for history and his fascination for things that keep the mind intrigued and curious.

Rajiv Agarwal is a distinguished lawyer with deep expertise in GST and taxation, known for offering strategic legal counsel and effective representation to a wide range of clients. With a career spanning decade, he has built a reputation for clarity, integrity, and a practical approach to complex financial and regulatory matters.

Beyond his professional accomplishments, Rajiv has demonstrated an enduring commitment to social impact and value-based leadership. Since 1996, he has been an active participant in the Let's Make A Difference youth conferences, a platform dedicated to nurturing ethical leadership and responsible citizenship among young people. His long-standing association reflects a strong belief in the power of youth to shape a better future.

Rajiv has played a pivotal role in the development and growth of the Jamshedpur Youth Conference, one of key initiatives. Leading from the front, he has been instrumental in organizing, guiding, and strengthening this platform, which has inspired hundreds of young individuals every year for over two decades. His efforts have helped create a space where young minds are encouraged to reflect, engage, and commit to positive societal change.

Driven by purpose and consistency, Rajiv continues to actively engage with the youth of Jamshedpur, aiming to foster integrity-driven leadership and meaningful community contribution for years to come.



Rajiv Agarwal

*Trustee · Jamshedpur Youth
Conference*



Shraddha Agarwal

Trustee

Shraddha Agarwal is deeply committed to building platforms and opportunities for young people to think, express, and lead with purpose. Her work is driven by a simple belief, when given the right exposure and environment, young people can move from passive learning to meaningful action.

As a Trustee with Let's Make A Difference, she has played an active role in shaping youth-led initiatives in Jamshedpur. A key milestone in this journey has been the Jamshedpur Conference, which brought together over 800 participants, creating a space for ideas, dialogue, and collective action. For her, these platforms are not just events, but starting points for confidence, clarity, and long-term impact.

Alongside her community work, Shraddha is the Founder of Izzki Tech Solutions, a women-led AI startup. With close to two decades of experience, she focuses on building practical technology solutions that simplify everyday work, especially for small and medium businesses navigating fragmented systems and processes.

She also works closely with students through the Young Indians (Yi) Innovation Vertical, encouraging them to move beyond theory and start solving real-world problems.

Shraddha is part of networks such as NVIDIA Inception, Google for Startups, and AI Kiran, staying connected to the evolving technology landscape.

Rooted in Jamshedpur, she is committed to building from within the ecosystem she calls home, and to enabling a future where access, opportunity, and impact are more evenly distributed.

I have been associated with Let's Make A Difference since 2003, and it has become an inseparable compass in my life — guiding me to make the right choices at various crossroads.

By profession, I am a screenplay writer, driven by a passion for storytelling. I live in Bhandara, a small town near Nagpur, Maharashtra, with my mother, wife, and our two daughters, who are my constant source of strength and inspiration.

Being part of Let's Make a Difference has been a deeply enriching journey. I actively volunteer at regional and national conferences, where every experience teaches me something new and helps me grow both personally and socially. Contributing to the organization gives me a strong sense of purpose and fulfilment.

I feel immensely proud to be a part of the Let's Make A Difference Trust body and to contribute towards its vision. The journey with Let's Make A Difference continues to shape my outlook, values, and commitment to making a meaningful difference in society.



Brijesh Arora

Trust Body · Associated since 2003



Bhisham Mansukhani

Trustee · Associated since 1998

Bhisham has been associated with Let's Make A Difference ever since he attended the National Youth Conference in Panchgani in 1998. He had in fact then, just graduated from HR College of Commerce and Economics and went on to become a journalist, getting a lucky break as a trainee reporter and sub-editor in May 1999 at the Indian Express.

Bhisham went on work for a number of magazines within the Indian Express Group including an exhibitions business newsletter, Connections and the hospitality, travel and business travel magazines. He continued to attend the youth conferences during his early years as a journalist, learning the skills of good communication and professionalism. He represented the Indian Express at Expo 2000 in Germany as well as the international Delta Airlines Convention in the United States in 2004 and Tasting Australia in Adelaide in 2005. In the subsequent years, he worked as sub editor for Bombay Times, Chief Reporter, Travel Division, for Saffron Media and Assistant Editor, Food & Drink for Paprika Media.

He further travelled to Europe, South America and Africa as a travel and wine business journalist. In the course of his career, he took on a number of roles and responsibilities, the grounding for which he received, as a volunteer for the youth conferences. He presently works as content head for Wine Park, a wine import company, covering the subject extensively through writing educative and promotional modules about wine as well as an award-winning blog. The significance of constant evolution and aspiring for excellence has been one of the many key learnings for Bhisham from his connection to Let's Make A Difference which now stretches back 27 years and he looks forward to continually learning and growing with this remarkable movement and family. Bhisham lives in Mumbai with his mother and elder brother.

Welcoming the new Trustees



Harshal Thakare

Trustee · Associated since 2011

My association with Let's Make a Difference commenced in September 2011 as a participant. Over the years, this engagement evolved into sustained involvement, culminating in my induction as an active trustee in August 2025. This long-term journey reflects not only personal growth but also the enduring impact of the institution's philosophy of conscious living and value based leadership.

The initial phase of my engagement was primarily experiential. As a participant, I was exposed to processes that encouraged self-awareness, reflection and responsibility in personal and social contexts. These experiences initiated a continuous process of learning and unlearning, challenging deeply embedded assumptions, behavioural patterns, and belief systems. This inner transformation gradually translated into more conscious decision making, improved inter-personal relationships, and a greater sense of accountability in professional and civic life.

A significant outcome of this sustained engagement has been the development of meaningful relationships across diverse geographies and demographics. Let's Make a Difference has fostered a nationwide network of individuals connected through shared values rather than formal structures. The trust, mutual respect, and collaborative spirit within this network stand as a measurable social capital outcome of the institution's work. These relationships have enabled knowledge exchange, peer learning, and long-term engagement beyond individual programs.

My transition into the role of trustee represents a shift from personal participation to institutional stewardship. This role has enhanced my awareness of governance, sustainability, and long-term impact. As a trustee, I now

engage more actively in ensuring that the organisation's vision, processes, and programs remain aligned with its founding principles while responding effectively to changing social and cultural contexts. The responsibility of trusteeship has also strengthened my commitment to continuous self-regulation and ethical leadership. The role demands heightened alertness, transparency, and consistency between intent and action. From an impact perspective, this alignment at the leadership level directly influences organisational credibility, program effectiveness, and stakeholder trust.

In the context of rapidly evolving societal challenges, Let's Make a Difference continues to hold strong relevance. The institution's focus on inner transformation as a foundation for external change enables it to remain adaptive without losing its core identity. As a trustee, I view my role as contributing to the strengthening of this framework supporting strategic clarity, deepening impact, and ensuring relevance for future generations.

This journey from participant to trustee demonstrates the long-term impact of Let's Make a Difference not only at the individual level but also in building responsible leadership that sustains and amplifies institutional purpose over time.

My association with Let's Make A Difference began in 2009, and since 2014, I have been involved with the organization every single year. Over this long journey, Let's Make A Difference has not just been an initiative I supported, but a space that consistently challenged me to reflect on my role, my responsibility, and the privilege I carry. Watching Let's Make A Difference grow over the years from intent to action, and from action to sustained impact has been both inspiring and deeply personal.



Mudit Surana

Trustee · Associated since 2014

Two core beliefs have kept me connected to the idea of Let's Make A Difference all these years. The first comes from a place of gratitude. The universe has been generous to me both personally and professionally. I have received opportunities, growth, and support far beyond what I could have imagined. For me, giving back is not an obligation, but a natural response to that abundance. If the universe has contributed to my growth, the least I can do is become a medium through which someone else's growth is supported. Let's Make A Difference has always felt like an honest and meaningful way to do exactly that.

The second reason is more instinctive and deeply motivating: If not me, then who else? That question has consistently kept the fire alive in me. It pushes me to step up, to take responsibility, and to not wait for someone else to act. Let's Make A Difference attracts people who believe in ownership rather than spectatorship, and that mindset has resonated strongly with me over the years. It is this belief that meaningful change happens when individuals choose to show up consistently, even when it is inconvenient.

As I transition into the role of a trustee, my association with Let's Make A Difference evolves into a new chapter of responsibility and commitment. This role demands a broader, long-term perspective one that focuses on governance, sustainability, and preserving the core values of the organization. It is a shift from doing to enabling, from execution to stewardship. I see this transition as a continuation of my commitment to Let's Make A Difference: to protect its vision, support its leadership, and ensure that the organization remains true to its purpose while growing

responsibly.

Let's Make a Difference has been a constant reminder that impact is built over time, through consistency, conviction, and care and I remain deeply committed to that journey.

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01. EXECUTIVE SUMMARY

More than an initiative — a movement.

Let's Make A Difference, is more than an initiative – it is a movement rooted in the strong belief that inner transformation is the foundation of social change. Governed by the values of Honesty, Purity, Unselfishness and love, Let's Make A Difference constantly works towards nurturing the inner consciousness of the youth across India and the world.

This Impact Assessment Report (2025–26) is an amalgamation of the journey and outcomes of the initiatives taken up over the past year. It begins by elucidating this movement's vision and mission, situating them within the broader social context. The report throws light on the pressing challenges that the youth is exposed to, and how Let's Make A Difference, through its programs and exercises are addressing those.

At the heart of Let's Make A Difference's work are the **National and Regional Youth Conferences**, which serve as platforms for dialogue, introspection, and collective learning. Over the years, these conferences have been enriched by the presence of distinguished speakers from diverse fields, whose insights have helped shape critical conversations and inspire young participants to reflect on their role in society.

Beyond events and discussions, the true impact of this movement lies in personal transformation. This report captures voices from participants and volunteers who share how their engagement with Let's Make A Difference has influenced their perspectives, choices, and everyday actions. These narratives reflect shifts towards greater self-awareness, empathy, and a commitment to ethical living.

Change in a person cannot be measured, but observed. This report is an effort to showcase to the readers the expanding work of Let's Make A Difference across different regions, and urge many more to join hands with this movement in order to build a future where the youth is empowered to live ethically and sustainably.

02. INTRODUCTION

A structured account of a year of engagement.

This report presents the Impact Assessment of Let's Make a Difference for the year 2025–26. It brings together the various strands of the work taken up over the past year, offering a structured account of its guiding principles, programme design, and the experiences that have emerged through its engagements across different regions.

The document has been organised to guide the reader through the multiple dimensions of the movement in a clear and sequential manner. It begins by outlining the institution's vision, mission, and objectives, which together establish the foundational values and intent that shape all the relevant activities. These are followed by a section on the programme context and rationale, situating the initiative within the broader social environment and highlighting the need for spaces that encourage reflection, dialogue, and conscious living.

Building on this foundation, the Theory of Change section explains the framework through which Let's Make A Difference approaches its work. It outlines how the initiative understands the relationship between individual reflection, behavioural shifts, and wider social outcomes.

The report then moves to a more quantitative overview of Let's Make A Difference's reach and engagement. The section of Let's Make A Difference in numbers provides a snapshot of participation and activities over the year, while Regional Engagements section highlights the geographic spread and diversity of contexts in which this movement has been active. Together, these sections offer insight into both the scale and distribution of the work.

A significant portion of the report is devoted to documenting lived experiences. The sections on Personal Reflections bring together narratives from individuals who have engaged with Let's Make A Difference during the past year or even before in different capacities. These accounts provide qualitative depth to the report, illustrating how the learnings from Let's Make A Difference are experienced at a personal level and how it intersects with everyday life, relationships, and individual choices.

The report also includes a section on Speakers at the National Youth Conference, acknowledging the contributions of individuals who have engaged with the institution's platforms during the year 2025-26. Their presence and perspectives have formed an important part of the dialogue and exchange that characterise these gatherings. The final sections of the report present the organisation's financial overview and recognise the partners who have supported its work. These sections provide transparency and acknowledge the collaborative efforts that sustain the movement.

This document is intended to serve as a compilation of activities and a reflection by bringing together different forms of information, from structured data to personal narratives, to present a comprehensive account of work during the year. It is designed to allow readers to engage with the initiative from multiple perspectives, whether through its conceptual framework, its scale of operations, or the experiences of those who have been a part of it.

“

When ‘I’ change, my family changes —
and gradually, this transformation
extends to society, and ultimately, to
the nation.

”

THE CORE IDEA OF LET'S MAKE A DIFFERENCE

03. OUR PURPOSE

Vision

Let's Make A Difference envisions to focus on the youth and work tirelessly to nurture a generation of individuals driven by human values, healthy relationships and a responsibility to make society and the country better. It is driven by a strong belief that listening to and connecting with young people will help in transforming the world at large, by inspiring every individual to make a difference.

Let's Make A Difference stands for bringing about positive change through collective introspection and empowering the youth to discover their sense of purpose and conviction to become better people and build a better world. To that end, it will constantly strive to reach every individual possible in order to bring about a generational change in the true sense and build a better future.

Objectives

The objectives of this youth movement are to:

- spread awareness and inspire the youth to take up issues and causes, for the betterment of self and society.
- Touch upon the lives of the youth across the country irrespective of their gender, religion, financial status or region of residence.
- Empower the young generation to live and build their foundation based on the human values where they obey their inner selves.
- Set the highest standards of discipline, not regimental and to serve each person with love and care, so that they understand and inculcate the concept of servant leadership in their lives.
- Help one introspect and discover their true potential and purpose, so as to eventually blossom in life.
- Appreciate the differences as one learns to function as part of a diverse group with the commonality of purpose.

- Accept and embrace the people the way they are along with listening without any judgements.

And;

To sensitize youth to the larger societal goals to inculcate:

- Discipline through Love
- Servant Leadership
- Constant Introspection

MISSION STATEMENT

Never to stop — constantly relevant with young people.

The forward movement of Let's Make A Difference is its mission, never to stop, constantly get involved and be relevant with young people in showing them the path of righteousness/ human values where they are governed by their own inner conscience. This is the overall vision and mission of our work.

- To start with, inspire and create 100 families across the country and the world, who will subscribe to daily disciplined quiet time and follow the teachings, ideas, thoughts and philosophy of Let's Make A Difference. Sustainable living is an integral part of living.
- In the next twenty-five years by 2047 the mission is to create 1000 families.
- The entire learning experience of Let's Make A Difference should be Bhartiya, integrating our culture, traditions, values along with more usage of regional languages in all our conferences and over all work.
- Every month Let's Make A Difference must conduct one conference somewhere in the country which in true sense is diverse and inclusive. Let's Make A Difference conducts one conference a year which is national and young people from across the country join this conference. We must conduct two such conferences in a year.
- For the sustainability of our work in the long run and supporting various initiatives, we need continuous support of human resources and funds. Let's Make A Difference must have a corpus of ten crores to start with and hundred active volunteers, who are available to extend themselves as and when the work demands. By 2047 the corpus must have 100 crores and one thousand active volunteers across the nation and world.
- The work of Let's Make A Difference has inspired corporate houses to support their CSR initiatives through our work. There should be many more corporations nationally and internationally who should support our initiatives.
- Let's Make A Difference must create its own conference center where there is love, care, compassion, not being judged, a place where one can remain quiet, introspect, find answers towards one's own life and purpose.
- The center will host diverse people of all age groups, religions, caste, creed, nationality, gender, poor, rich, marginalized, specially-abled; the centers doors will be open to all, where no one will be judged, all are welcome.

- Let's Make A Difference, significance and relevance will get highlighted when it will be able to create national headlines and one area where we must and should work is building permanent bridges in various facets of our relations with Pakistan which is under constant stress and mistrust. Young India must build a strong human bond with the young people of Pakistan. Build a diplomacy of brotherhood and reconciliation and this can only happen through constant dialogue and listening. Let's Make A Difference has to facilitate this process.
- Let's Make A Difference must have an active think tank who guides and inspires the larger volunteer base to take up the work towards nation building and its resurgence.
- Let's Make A Difference must create its own stage production where there are meaningful real life stories of personal change, music, dance, eye-catching sets and heart touching dialogues. Inspiring the audience to bring change through listening and visual realization.
- Adopting an aspirational district as per the government of India norms and in that district, adopt a village and measure the village on all the parameters of human index by working in the village from the grass-root.
- Let's Make A Difference must have a monthly news magazine about its activities.

“Let's Make A Difference must become a super brand. This brand has to be showcased through its people's virtue and quintessential behaviour.”

04. PROGRAM CONTEXT & RATIONALE

The challenges young people carry today.

Youth as an asset of the nation has long been recognised across history, with each generation playing a decisive role in shaping social, political, and cultural transformation of a nation such as India.

The contemporary world however, has become increasingly demanding and complex in various aspects, making it difficult for the youth to navigate through it. While they possess immense potential, they are also confronted with a range of interconnected challenges that influence their personal growth and societal participation.

One of the most significant concerns is the rise in mental health issues, including stress, anxiety, depression and feelings of isolation. Academic competition, career uncertainty, and the pressures of social comparison which is often amplified by digital platforms, have created an overwhelming environment. Alongside this, there is a growing struggle with identity and purpose. Youth today are often caught between traditional expectations and evolving aspirations, leading to confusion, self-doubt, and a lack of direction.

Another pressing challenge is the prevalence of unhealthy coping mechanisms and behavioural patterns. In the absence of constructive outlets, some young people turn to substance abuse, aggression, or withdrawal, which can have long-term consequences on their well-being and relationships. Closely linked to this is the weakening of meaningful human connections. Despite being more “connected” than ever through technology, many experience a decline in deep, supportive relationships with their families.

Furthermore, there are hardly any spaces where young people can engage in honest reflection and receive value-based guidance. Without such support systems, decision-making can become reactive rather than thoughtful, and opportunities for personal growth may be missed. This gap highlights the need for initiatives that go beyond conventional education and address the inner dimensions of development.

Against this backdrop, Let’s Make a Difference focuses on nurturing inner awareness and encouraging a process of self-reflection among youth. It creates safe and

inclusive spaces where individuals can openly share their experiences, confront personal struggles, and learn from one another. Through structured dialogues, sessions, and mentorship, young people are guided to identify and gradually transform negative habits and thought patterns into productive lifestyles.

The youth conferences are strictly no-phone zones, wherein the participants deposit their devices at the beginning and receive them after the 8th or the final day. This concept helps in digital detoxification, while also encouraging the participants to channelize their thoughts, reflect on their actions and ultimately discover their purpose and true potential in life.

Equally important is its emphasis on rebuilding connections both with oneself and with the outside world. By fostering a sense of community, it helps young individuals develop empathy, strengthen relationships, and cultivate a deeper understanding of their role in society. The focus on simple living, sustainability, and ethical values provides a grounded framework for making conscious life choices. Ultimately, by addressing both the internal and external challenges faced by youth, the program seeks to unlock their potential as responsible and compassionate contributors to the nation's future.

05. THEORY OF CHANGE

Carefully designed exercises for inner transformation.

A distinctive aspect of the initiative lies in its emphasis on inner reflection and personal transformation, facilitated through a series of carefully designed exercises that encourage participants to pause, introspect, and realign their lives with greater awareness and purpose.

At the heart of these practices is Morning Quiet Time, often regarded as the epicentre of the conference experience. In the stillness of the early morning hours, before the day's demands begin, participants spend 30 to 45 minutes in silence with themselves and their thoughts. This intentional pause, away from external noise and distractions, creates space for clarity and self-awareness. Individuals are encouraged to write in a diary, reflecting on questions, dilemmas, or emotions they may be carrying. Over time, many discover that answers begin to emerge from within, fostering a deeper sense of inner guidance and confidence.

Building on this awareness, the exercise of *Daylight-Saving Time* invites participants to take a closer look at how they spend their day. By mapping out their routines, they begin to identify the balance between productive and unproductive activities. This reflection often leads to important realizations about time management, priorities, and discipline, enabling individuals to consciously restructure their daily lives in a more meaningful and intentional way.

Another powerful component is *Negative Burning*, which focuses on letting go of limiting habits and thought patterns. Participants identify negative behaviours, emotions, or mindsets that hinder their growth and symbolically “burn” them, marking a conscious decision to move forward. This process is both cathartic and transformative, creating space for healthier habits, constructive thinking, and a more optimistic outlook.

Equally significant is the time dedicated to family, which encourages participants to reconnect with their roots. In a fast-paced world where emotional distances often grow unnoticed, this exercise provides an opportunity to acknowledge and appreciate the role of family in shaping one's identity and values. It fosters gratitude, strengthens

bonds, and helps rebuild meaningful relationships through understanding and openness.

These are only a few among many such thoughtfully curated exercises, offering just a glimpse into a much wider process of reflection and transformation that the initiative seeks to facilitate.

Together, these practices offer a holistic framework for personal growth that balances introspection with action, and individual transformation with stronger relationships and a deeper sense of purpose.

Let's Make A Difference

Fact File

65,187

People Introduced to the Idea of Let's Make A Difference

31,583

Participants experienced the deeper learnings of Let's Make A Difference

31

National Youth Conferences including 1 at Chinmaya Vibhooti, Mulshi

179

Let's Make A Difference programs conducted

22

countries

28

States/UTs

207

Cities

Participants from

234

Inmates attended the conference at Ghagidih Observation Home (Aged 8 - 18)

17

December Workshops

20

May Workshops for Volunteer Training

5

Virtual Youth Conferences

140

Specially Abled Participants at Ayikudy Youth Conference

2

Let's Make A Difference Fellowships

106

Regional Programs - Youth Conferences, Sessions, Talks, Address and Roadshows in

35 Cities

300+

Active Volunteers across India and Globe

07. IMPACT SNAPSHOT



Eklavya Model Residential School

Tamar, Jharkhand

Eklavya Model Residential School at Tamar primarily caters to students from Scheduled Caste (SC) and Scheduled Tribe (ST) backgrounds, many of whom face challenges such as limited access to learning resources, low academic confidence, and lack of consistent mentorship.

Let's Make A Difference has been conducting regional youth conferences in this school to enhance students' human values, academic focus and personal development. The conference aims to help them realize their potential, build self- discipline, and develop character through introspection sessions and follow-up. A group of 20 students of EMRS Salgadih attended the Silver Jubilee Conference of the Jamshedpur Youth Conference from 30 October to 2 November, 2025.

Learning happens when one gets out of their comfort zone. Exposure opens one's mind, perhaps that was indeed needed by the students of 10th and 12th. This reflects in their outstanding and unprecedented performance in the board examination 2025-26. A small team from Let's Make A Difference - Jamshedpur chapter went to the school at Tamar in the month of February for a little follow-up and getting their part of the story.

COMPARATIVE BOARD RESULTS

From vulnerability to a stronger, broader cohort.

Class X · EMRS Salgadih, Tamar

PERCENTAGE	2023-24	2024-25	2025-26
No. Appeared	56	64	62
90 – 100	0	3	3
80 – 89	8	12	4
70 – 79	20	18	21
60 – 69	19	20	30
50 – 59	7	7	4
40 – 49	2	4	0

Key Insights from the Class X Boards Results

- Azad Kushal Baskey achieved 97.4%, emerging as one of the school’s highest-performing students.
- Three students scored above 90%, matching the previous year’s highest band performance.
- Two additional students (Sushar Hembram and Ajit Soren) scored 90%, demonstrating that excellence was not isolated to a single student.
- Students scoring below 60% reduced from 11 to 4, a 63.6% improvement.
- No student scored in the 40–49% range, compared to 4 students in the previous year.
- 30 students scored in the 60–69% range, indicating that many struggling students moved into a safer academic band.

Interpretation of the Results

- The most significant achievement was not only the presence of top scorers, but the dramatic reduction in academically vulnerable students.
- The score distribution suggests that the school successfully raised the performance of weaker students, creating a stronger and more stable overall cohort.
- Academic excellence became broader and more inclusive rather than being limited to a small group of naturally high achievers.
- The strongest academic performers were also the students who experienced the deepest personal transformation.
- Their stories show that character development and emotional stability were directly linked to higher board performance.

Impact created by Let's Make A Difference

- The top-performing students consistently reported transformation in: Anger management, Concentration, Discipline, Honesty, Goal setting and Self- confidence.
- Quiet Time helped students clear mental clutter and improve focus.
- Short-term goal setting translated aspiration into concrete action.
- For Class X, the 2025–26 results indicate that Let's Make A Difference helped students: believe in themselves again, build disciplined study routines, improve concentration, set ambitious but achievable goals and translate inner change into outstanding academic outcomes.

Class XII · EMRS Salgadih, Tamar

PERCENTAGE	2023-24	2024-25	2025-26
No. Appeared	69	76	67
90 – 100	0	0	1
80 – 89	0	0	9
70 – 79	16	50	24
60 – 69	50	26	31
50 – 59	3	0	2
40 – 49	0	0	0

Key Insights from the Class XII Boards Results

- Class XII achieved a historic breakthrough in 2025-26, producing the school's first-ever 90%+ scorer.
- 10 students scored above 80% (1 student in the 90-100% range and 9 students in the 80-89% range).
- In the previous two years, the school had zero students scoring above 80%, making this a transformational jump.
- More than half of the Class XII students (34 out of 67) scored above 70%.
- Only 2 students scored below 60%, indicating strong academic consistency across the batch.

Interpretation of the Results

- The most significant achievement was not only the presence of top scorers, but the dramatic reduction in academically vulnerable students.
- The score distribution suggests that the school successfully raised the performance of weaker students, creating a stronger and more stable overall cohort.
- Academic excellence became broader and more inclusive rather than being limited to a small group of naturally high achievers.
- The strongest academic performers were also the students who experienced the deepest personal transformation.
- Their stories show that character development and emotional stability were

directly linked to higher board performance.

Impact created by Let's Make A Difference

- Students reported improvements in: Emotional regulation, Discipline, Concentration, Goal setting, Sense of responsibility, Long-term ambition.
- Quiet Time helped students reflect deeply and stay mentally focused.
- Students developed a stronger connection to their parents' sacrifices, which became a powerful source of motivation.
- The students who scored well were those who developed greater emotional maturity, discipline, and clarity of purpose.
- Their achievements suggest that academic performance improved because students first transformed internally.
- The 2025–26 Class XII results provide strong evidence that Let's Make A Difference helped students: Build structured study habits, Manage emotions effectively, Stay motivated by meaningful life goals and Translate self-discipline into outstanding board performance.

08. NATIONAL YOUTH CONFERENCE

Chinmaya Vibhooti

14–21 June 2025 · Mulshi, Pune. Eight days of silence, reflection, and personal transformation.



Day 1

The National Youth Conference 2024–25 commenced with the arrival and registration of participants from different parts of the country. Young people representing diverse educational institutions, social backgrounds, and regions gathered with a shared willingness to engage in reflection, dialogue, and self-discovery.

The opening session introduced participants to the vision and philosophy of Let's Make A Difference. Volunteers welcomed the gathering and shared the purpose of the conference, emphasizing that the coming days would not merely focus on activities and discussions, but on creating a space for introspection, honesty, and personal transformation.

Participants were encouraged to approach the conference with openness, humility, and sincerity. The atmosphere gradually evolved from one of unfamiliarity to one of warmth and collective participation, as individuals began interacting with one another through introductory activities and informal conversations.

The first Quiet Time session was conducted to introduce participants to the practice of conscious silence and self-reflection. For many participants, this was their first experience of intentionally sitting in silence and engaging with their own thoughts without distraction. The session established the reflective tone that would continue throughout the conference.

The evening concluded with introductory group interactions and orientation sessions facilitated by volunteers, helping participants become comfortable with the conference environment, schedules, and expectations.

Day 2

The second day began with the prayer “Ae Malik Tere Bande Hum.”

This was followed by the morning Quiet Time session on *Mind, Ego, and Consciousness*. Through a presentation, the course convenor guided participants through a reflective journey exploring how individuals are born with innocence and happiness, but gradually accumulate pain, hurt, ego, and negative habits over time. The session reflected on how individuals often encounter emotional and personal dead ends when guided by ego, yet continue to listen to it in order to avoid temporary discomfort.

At the conclusion of the presentation, music was played while participants sat quietly in the auditorium with their eyes closed. They were asked a deeply introspective question: “*What have I lost due to my ego?*” Participants remained in silence for a period of reflection before later coming on stage individually to share their thoughts and experiences.

Participants were then encouraged to consciously let go of something negative, harmful, or unwanted from their lives. Each participant was asked to write these thoughts on a small chit of paper. The activity witnessed enthusiastic participation, with several individuals expressing the desire to write more than one negative aspect they wished to leave behind. Following this, participants stepped outside and participated in the symbolic activity of burning the chits, representing the burning of negativity and emotional burdens.

After a short break for tea and snacks, participants returned to the auditorium for another important session centred on relationships. The session began with the screening of a video depicting the relationship between a father and son. Building on the themes presented in the video, the course convenor shared examples from his own life to illustrate the importance of maintaining healthy and meaningful family relationships. The forum was subsequently opened for participants to share their own reflections and experiences.

One particularly powerful sharing came from a participant who narrated the story of two brothers, each with a son. One day, the elder brother stood holding two ice creams one larger and one smaller - while both children ran toward him. His own son moved toward the larger ice cream, while the younger brother's son approached the smaller one. Observing the situation from a distance, the elder brother quietly switched the ice creams, giving the larger one to his own son and the smaller one to his younger brother's child. The younger brother, who had silently witnessed the incident, realised in that moment that the time had come for the two families to separate households in order to preserve the love and respect that still existed between them.

Following the session, participants proceeded for lunch, after which they reconvened

for group discussions on relationships and interpersonal understanding.

Towards the conclusion of the group discussions, participants and volunteers engaged in the activity of writing *Letters to Self*. While letter writing may appear uncommon in today's time, Let's Make A Difference has consciously preserved the practice as a means of reflection and emotional processing. Participants were invited to write letters to themselves based on their realizations, learnings, emotions, and takeaways from the conference. The activity enabled individuals to process internal struggles and articulate personal commitments to change and growth.

The day concluded with a gathering in the auditorium, during which the volunteers were formally introduced to the participants. Their academic backgrounds, professional journeys, and personal sacrifices to be present at the conference were acknowledged before the gathering.

As a gesture of appreciation, the host institution presented flower pots to each volunteer. Subsequently, certificates were distributed to deserving participants, formally marking the conclusion of the day's proceedings.

Day 3

The third day of the conference began at 5:55 AM with morning prayer and yoga, which continued until 6:30 AM. The session created an energised and disciplined beginning to the day.

This was followed by Quiet Time inputs facilitated by Viral Mazumdar, during which participants were encouraged to listen to their inner voice rather than being guided by ego and impulse. The session explored the alignment between inner consciousness and the four core values of Let's Make A Difference: Purity, Honesty, Unselfishness, and Love. Viral Mazumdar also reflected on themes including restitution, personality development, and unconditional love.

Participants then spent time in silence until 7:45 AM, engaging in individual reflection before later sharing their thoughts and experiences with the larger group. At 9:45 AM, participants reconvened in the auditorium for the daily news presentation and the song "Badhe Chalo."

The morning session continued with the "Pyramid of Life," facilitated by Viral Bhai. Over the years, this session has evolved into one of the most comprehensive reflective exercises within the conference, encouraging participants to examine multiple dimensions of their lives. The session covered aspects including habits, health, career, wealth, relationships, goals, purpose, and sustainable living.



Participants were provided worksheets to reflect on these different dimensions and assess their current realities, aspirations, and challenges. Several volunteers also shared personal experiences related to habits, peer pressure, academics, time management, and the pursuit of long-term purpose.

Hetal subsequently introduced the concept of Positive Commitments, emphasizing the importance of consciously identifying one meaningful commitment that participants genuinely believed they could work towards. Participants were encouraged to write down their commitments as a first step towards accountability and action. These commitments were later displayed on a whiteboard outside the hall for collective reflection and encouragement.

Following lunch, discussions around the Pyramid of Life continued, after which participants moved to their respective group discussion spaces to engage in conversations around careers, goals, aspirations, and personal struggles. The group discussions provided participants with a safe space to openly discuss concerns relating to academics, relationships, family expectations, emotional challenges, addictions, distractions, and future uncertainties. Volunteers facilitated the conversations with empathy and honesty, encouraging participants to reflect deeply on their choices and responsibilities.

The day concluded with evening reflection sessions and informal interactions among participants and volunteers, strengthening bonds of trust and openness within the conference community.

Day 4

The fourth day began with morning prayer, yoga, and Quiet Time, continuing the rhythm of discipline, reflection, and introspection established during the earlier days of the conference.

The Quiet Time session focused on the importance of truthfulness and integrity in everyday life. Participants were encouraged to examine areas in their lives, where dishonesty, fear, or social pressure may have influenced their decisions. Through examples and personal sharings, the session emphasized that honesty is not limited to words alone, but extends to intentions, actions, relationships, and responsibilities.

Participants spent time in silent reflection before several individuals voluntarily shared deeply personal experiences relating to guilt, mistakes, misunderstandings within families, broken trust, and emotional struggles. The atmosphere within the hall reflected increasing openness and emotional honesty among the participants.

Later in the day, sessions were conducted on teamwork, leadership, and responsibility. Interactive activities encouraged participants to collectively solve challenges and reflect on the role of cooperation, empathy, patience, and communication within teams and communities. The discussions highlighted that leadership is not merely about authority or achievement, but about service, responsibility, and the ability to positively influence others through personal example. The afternoon group discussions further deepened conversations around relationships, habits, discipline, peer influence, and the emotional realities faced by young people today. Participants actively engaged with one another, often continuing discussions informally beyond scheduled sessions.

The evening concluded with collective reflection, music, and sharing sessions, creating an atmosphere of emotional connection, mutual respect, and community among participants from diverse regions and backgrounds.

Day 5

The fifth day of the conference began with the regular morning schedule of prayer, yoga, and Quiet Time, which by this stage had become an integral part of the participants' daily routine. Many participants who initially struggled with silence and introspection now appeared more comfortable engaging with their thoughts and emotions in a calm and reflective environment.

The Quiet Time inputs for the day focused on responsibility, self-discipline, and conscious decision-making. Participants were encouraged to reflect on the consequences of their choices and the importance of taking ownership of their actions rather than blaming circumstances or others. Discussions explored how habits formed during youth often shape long-term character, relationships, and future direction.

Participants later shared reflections on challenges they faced in maintaining discipline amidst distractions, peer pressure, social expectations, and emotional struggles. Several participants spoke openly about procrastination, addiction to social media, unhealthy habits, and the difficulty of remaining consistent in personal commitments.

The subsequent sessions and group discussions emphasized the importance of developing inner strength, emotional maturity, and clarity of purpose. Volunteers facilitated conversations around balancing ambition with values, handling failure constructively, and maintaining integrity in personal and professional life.

The day concluded with collective reflection and informal interactions among participants, strengthening the atmosphere of openness and trust within the conference community.

Day 6

The sixth day continued with morning prayer, yoga, and Quiet Time. The reflective atmosphere within the conference had deepened considerably by this stage, with participants engaging more honestly and openly with both themselves and one another.

The day's sessions focused significantly on relationships, empathy, and emotional healing. Through personal sharings and reflective exercises, participants were encouraged to examine unresolved conflicts, misunderstandings, and emotional distances within families, friendships, and other personal relationships.

Several volunteers shared deeply personal experiences relating to reconciliation, forgiveness, emotional pain, and rebuilding trust. These conversations created a powerful emotional environment in which many participants began reflecting on their own relationships with parents, siblings, friends, and mentors.

Participants later engaged in smaller group discussions where they openly discussed feelings of loneliness, emotional isolation, expectations from family, fear of failure, and the pressure to meet societal standards of success. The discussions highlighted the emotional realities often experienced by young people but rarely expressed openly in everyday spaces.

The sessions throughout the day reinforced the importance of compassion, honest communication, gratitude, and emotional sensitivity in sustaining meaningful human relationships.

The evening concluded with music, reflection, and informal conversations that continued late into the night, with many participants expressing that they had formed genuine emotional connections during the conference.

Day 7

The seventh day of the conference centred around themes of leadership, service, and nation-building. The morning Quiet Time session encouraged participants to reflect on the larger purpose of their lives and their responsibilities towards society beyond personal success and achievement.

Discussions during the day emphasized that leadership is not merely positional authority, but the ability to positively influence others through character, responsibility, empathy, and service. Participants were encouraged to think critically about the kind of individuals they wished to become and the values they hoped to uphold in their future roles within society.

Several speakers and volunteers reflected on experiences from their own journeys, highlighting how personal transformation and social responsibility are deeply interconnected. The conversations explored issues such as ethical leadership, conscious citizenship, environmental responsibility, and the importance of contributing positively to communities.

Interactive activities and team-based exercises further encouraged cooperation, communication, and collective problem-solving. Participants worked together on tasks that emphasized trust, patience, and mutual understanding.

The group discussions later in the day focused on aspirations, fears regarding the future, and the pressures associated with careers, competition, and societal expectations. Participants reflected on how success should not be measured solely through material achievement, but also through one's contribution to family, society, and humanity.

The day concluded with a strong sense of collective purpose, as participants increasingly began viewing themselves not only as individuals seeking personal growth, but also as responsible contributors towards wider social change.

Day 8

The final day of the conference began with a deeply reflective atmosphere as participants gathered for the concluding Quiet Time session. Over the previous eight days, the conference environment had gradually evolved into a space of openness, emotional honesty, and meaningful human connection.

The concluding sessions focused on gratitude, continuity, and carrying the learnings of the conference into everyday life. Participants were encouraged to reflect on the

changes they had experienced during the conference and identify the values, practices, and commitments they wished to continue after returning home.

Many participants shared emotional reflections on their journey throughout the conference. Several spoke about reconnecting with family members, confronting personal struggles honestly, overcoming emotional barriers, and developing greater clarity regarding their future goals and responsibilities.

Volunteers also reflected on their experiences of facilitating discussions, supporting participants, and collectively sustaining the conference environment. The atmosphere during the concluding sessions was marked by gratitude, emotional connection, and mutual respect among participants and volunteers alike.

The final gathering included expressions of appreciation towards the organizing team, speakers, volunteers, and host institution for creating a safe and transformative space for young people from diverse regions and backgrounds.

As participants departed, the conference concluded not merely as an event, but as the beginning of an ongoing personal journey for many individuals. Participants left carrying reflections, commitments, friendships, and renewed purpose, with the hope of practicing the values of Purity, Honesty, Unselfishness, and Love in their everyday lives.

09. REGIONAL ENGAGEMENTS

Across India

From the steel city of Jamshedpur to the universities of Jharkhand and the towns of Maharashtra.



25th Jamshedpur Youth Conference

Over 800 students · 17 schools · Kerala Public School, Kadma

The 25th Jamshedpur Youth Conference marked a significant milestone in the journey of Let's Make A Difference (LMAD). For twenty-five years, the conference has provided young people with a unique opportunity to step away from the noise of everyday life, reflect on their values, build meaningful relationships, and discover a deeper sense of purpose.

From 30 October to 2 November 2025, over 800 students from 17 schools across Jamshedpur came together at Kerala Public School, Kadma. While the scale of participation was remarkable, what made this conference truly special was the depth of engagement that unfolded over four days.

This year's conference was intentionally designed as a completely mobile-free experience. In a world where young people are constantly connected to screens, social media, and digital distractions, participants were invited to disconnect from technology and reconnect with themselves and those around them. What initially appeared as quietness and hesitation gradually transformed into openness, trust, and honest conversations.

Students were divided into eight family groups — Harmony, Discipline, Awareness, Development, Health, Happiness, Governance, and Nature — creating smaller communities where friendships could form and meaningful discussions could take

place. These family groups became the foundation of the conference experience.

Day 1 – Reflection on Values

The conference commenced on the morning of 30 October with registration, verification, and distribution of lanyards. Over 800 students were registered and accommodated efficiently, ensuring a smooth start to the event. Following the opening gathering in the Quadrangle and introductory group discussions, participants were formally welcomed into the conference environment. The emphasis from the outset was clear: this would not be a conference about competition or performance, but about reflection and personal growth.



The first major session, Reflection on Values, focused on the four absolute values of Purity, Honesty, Unselfishness, and Love. Rather than presenting these values as ideals to admire, students were encouraged to evaluate how these principles were reflected in their own lives.

Throughout the session and subsequent group discussions, participants reflected on challenging questions:

- Am I honest with my parents?
- Do I misuse the trust placed in me?
- Do I take responsibility for my actions?
- Are my decisions aligned with my values?

These conversations continued during the afternoon Group Discussions on Values, where students shared personal experiences and listened to the perspectives of others.

The day concluded with a Concentration Exercise. What appeared to be a simple activity revealed an important insight: many young people today find it difficult to sit quietly and focus for even a few minutes. The restlessness observed during these exercises was not a weakness but a reflection of the world they inhabit. It also reinforced one of the conference's core messages — concentration, self-awareness, and reflection are skills that must be intentionally cultivated.

By the end of the first day, students had moved beyond introductions and begun a journey of genuine introspection.

Day 2 – Priorities, Habits and Direction

The second day began with prayer and a brief recapitulation of the previous day's learning. Students were then introduced to Quiet Time and diary writing, practices that would continue throughout the conference.



For many participants, the experience of sitting quietly with their thoughts was unfamiliar. Yet as the morning progressed, students became increasingly comfortable using their diaries to record reflections, questions, and personal insights.

Following breakfast in family groups, participants engaged in concentration exercises, sharing sessions, and the highly impactful Pyramid of Life workshop.

Using practical examples and visual demonstrations, the Pyramid of Life session explored the relationship between habits, priorities, short-term goals, and long-term aspirations. The familiar golf-ball analogy helped students understand how easily life's

important priorities can become crowded out by distractions if they are not intentionally protected.

The afternoon group discussions built upon these themes. Students spoke openly about academic pressures, career uncertainty, peer influence, social media, and the challenge of balancing immediate gratification with long-term goals.

The Daylight Saving Time session provided another powerful moment of reflection. Participants examined how their time is spent and how seemingly small daily habits accumulate over months and years. Many were surprised to recognise how much of their attention is consumed by mobile devices and social media.

By the end of Day Two, there was a visible shift in confidence and engagement. Students who had been hesitant during the opening sessions were now actively participating, asking questions, and sharing personal experiences.

Day 3 – Relationships, Family and Emotional Honesty

The third day brought some of the conference's most meaningful and emotionally impactful conversations.

The morning began with Quiet Time, including the Jar Exercise demonstration. Participants were encouraged to reflect on what currently occupies their minds and hearts. What fills their emotional space? What burdens are they carrying? What habits or influences are shaping their lives?

The Relationship Session that followed created a safe space for students to explore topics that are often difficult to discuss openly – family relationships, trust, communication, expectations, friendships, and emotional wellbeing.



What became increasingly apparent throughout the day was that many young people are carrying far more than academic pressure. Beneath the surface lie concerns about identity, loneliness, self-worth, family expectations, and the pressure to succeed.

The afternoon session, My Life My Happiness, encouraged participants to reflect on what truly brings fulfilment and joy. This naturally led into one of the most powerful experiences of the conference – the Negative Burning session.

Students were invited to write down habits, fears, behaviours, and struggles they wished to leave behind. Mobile addiction, excessive social media use, dishonesty, anger, smoking, pornography, self-doubt, and negative thinking emerged repeatedly.

The symbolic act of burning these written reflections was deeply personal for many participants. While the exercise itself was simple, the courage required to honestly acknowledge these struggles was significant.

The day concluded with group discussions on relationships and family. Many students expressed gratitude for having a space where they could speak openly without fear of judgement.

By the end of Day Three, the initial silence observed at the beginning of the conference had transformed into trust, vulnerability, and meaningful connection.

Day 4 – Vision, Commitment and Moving Forward

The final day began with a multi-faith prayer led by Bhisham, P. Vidya, and Bidyashree, creating a calm and reflective atmosphere for the closing phase of the conference.



After Quiet Time, group sharing, and concentration exercises, students participated in the Power of Vision session led by Bhisham and Tanishqa.

This session challenged participants to look beyond careers, qualifications, and achievements and ask a deeper question:

"What kind of person do I want to become?"

The discussion encouraged students to think about character, purpose, responsibility, and the values they wished to carry into adulthood.

The session was followed by a pledge ceremony, a question-and-answer session, and the Letter to Self exercise, where participants wrote personal commitments and aspirations for their future selves.

Parents' Session – Extending the Journey Home

One of the most meaningful aspects of the conference was the Parents' Session.

Parents were invited to understand not only what their children had done during the conference, but what they had experienced. The values explored, the conversations on relationships and family, the reflections on habits and priorities, and the emotional honesty displayed during the conference were shared openly.

A deeply personal story shared by volunteer Bhargavi moved many parents and reinforced the importance of creating environments where young people feel heard, understood, and supported.

For many families, the session became an opportunity to build bridges of communication. It reminded parents that behind every teenager's behaviour lies a set of hopes, fears, questions, and aspirations that deserve attention and understanding.

Closing Ceremony

The conference concluded with a dignified and heartfelt Closing Ceremony attended by students, parents, teachers, principals, alumni, and supporters of LMAD and MRA-IofC.

The Chief Guest, Shri D. B. Sundaram, Vice President – Corporate Services, Tata Steel, addressed the gathering and spoke about integrity, responsibility, and the importance of values in everyday life.

The event was graciously hosted by Kerala Public School, Kadma, under the leadership of Mr. Sharath Chandran and Mrs. Laxmi Chandran. The presence of educators, parents, alumni, and long-time supporters added special significance to this silver-jubilee edition of the conference.



Overall Reflection

The 25th Jamshedpur Youth Conference reaffirmed the continuing need for spaces where young people can pause, reflect, and engage with life's deeper questions. Over four days, more than 800 students participated in a journey of self-discovery, emotional honesty, relationship building, and personal growth. The conference did not seek to provide all the answers. Instead, it encouraged students to ask better questions, listen more deeply, and take ownership of their choices.

As Let's Make A Difference celebrates twenty-five years of impact, the conference stands as a reminder that meaningful transformation rarely happens through dramatic moments alone. More often, it begins quietly — through reflection, conversation, understanding, and the courage to look within. And that journey continues, one young person at a time.



Usha Martin University

9-10 January 2026 · Narayansoso, Jharkhand · “Ethics – Trust – Relationships”

The Usha Martin University Conference was organised by the team of Let's Make A Difference on 9th and 10th January 2026. It was a comprehensive, value-based programme, carefully curated a space for personal transformation, harmony, and cooperation among the various departments of the university. The two-day conference, themed “Ethics – Trust – Relationships,” was conducted under the auspices of the Centre for Ethics.

The conference brought together both teaching and non-teaching faculty under one roof, building a safe, respectful, and positive environment where participants could reflect and share their thoughts freely, without fear of judgement. The participants included highly accomplished professionals, doctorates, deans, heads of departments, associate and assistant professors, along with administrative staff. Their ages ranged from the late twenties to the mid sixties, reflecting a rich diversity of experience and perspective. A total of 210 participants registered for the conference.

Volunteers from the Let's Make A Difference movement travelled from various parts of the country to facilitate this unique initiative, like, Delhi, Bombay, Nagpur, Pune, Bhandara, Indore, Sambhaji Nagar and Jamshedpur.

The teachings of Let's Make A Difference are universal in nature and resonate across age groups, as they centre on one fundamental idea: change. Change often brings

discomfort, yet it is ultimately rewarding. Human beings tend to resist change within themselves while wishing for change in others. Through introspection and attentive listening to one's inner self, participants begin to realise that when "I" change, my family changes and gradually, this transformation extends to society and, ultimately, to the nation.

The team of Let's Make A Difference invested more than 15 hours in the virtual space to discuss and design this conference over a period of six weeks.



Day 1 (9 January, 2026) - Quiet Time, Values and Trust:

The Centre for Ethics introduced to the participants about the conference and passed on the dais to Mr. Viral Mazumdar, the founder and course convener. The day started with inner listening. Silence is an integral part of Let's Make A Difference's teaching and philosophy. A presentation was shown to the seated participants in the auditorium, which acquainted them with the human values and inner voice. It also emphasized on writing the thoughts in the diary. The participants were given a diary to reflect on and listen to their conscience followed by a short sharing session.

After the tea break the participants again gathered in the auditorium for a session on human values. Mr. Viral talked about the human values. He spoke not from his lived experience, how core human values show up in everyday life, we often fail to do what is right and we settle for what is easy. Everyone knows about the values, but what lacks is its application in daily life. There was resistance among the participants at first. A few participants openly questioned whether such values had any real place in a professional environment shaped by deadlines, hierarchies, and performance metrics. The room carried skepticism.

Manas, a volunteer shared his story. Manas spoke about a deeply personal struggle he

had carried for a long time, the fear and hesitation of admitting the truth about his addiction to pornography to his mother. He shared how the moment of confession was filled with trembling and uncertainty, yet what followed surprised him. For the first time, he felt lighter and his mother took it in a positive way, embraced and understood him.

The post-lunch Group Discussions created a different kind of space. Each participant was invited to reflect and respond to carefully framed questions. The process was not seamless. Although the participants were informed that mobile phones were not allowed and punctuality was expected, yet mobile phones buzzed and a few participants walked in late.

The session began with the formation of a circle of trust, where participants were assured that they were in a safe and supportive space where they would be heard with care and sensitivity. Every question raised during the discussion was acknowledged thoughtfully, setting the foundation for open and honest reflection. The conversation opened with a question that shaped the tone of the entire session: Have my values ever placed me in a situation that was challenging, compromising, or deeply uncomfortable?

Participants were then encouraged to reflect inwardly on a deeper question: Do I truly subscribe to ethics, not merely in words, but in practice? This was followed by another reflective prompt that did not require participants to respond publicly: Where in my life did I not choose what was right, but instead chose what was easy? Participants were invited to anonymously write their thoughts on rough chits, allowing for honest and personal introspection.

Towards the end of Day One, participants gathered once again in the auditorium for a unique session on Trust and Team Building. A skit was performed under the guidance of Mr. Brijesh Arora, portraying two groups of cows fighting over fodder, with each group determined to secure more for themselves.



Lively discussions during the Trust and Team Building Session



However, after reaching a point of exhaustion, both groups eventually realised a simple but powerful truth, that cooperation was the only way for both groups to survive.

Following the skit, the convenor addressed the gathering. He spoke of Let's Make A Difference as a space without age barriers, rooted deeply in togetherness. This thought flowed naturally into a session on gender equality and the shared responsibility of the male community in building a more inclusive society. Drawing from the example of Air India and Indian Airlines, he highlighted how emotional connection and trust form the backbone of any effective team.

The interactive sessions on teamwork highlighted that while India excels in individual brilliance, national progress is stalled by a lack of collective effort. Participants identified key traits for a successful team, such as being non-judgmental, creating accountability, and having a shared vision. At the end, the team took questions from the participants.

After the convenor spoke, he offered the remaining time to be a forum for open and honest discussion which will facilitate trust and team building.

The shift became visible when one participant spoke with unexpected honesty about feeling neglected and unacknowledged within the system. The room filled with murmurs, head nodding in agreement. That single sharing opened the door to deeper conversations about unspoken frustrations, invisible roles, and the communication gaps that quietly exist between teaching staff, non-teaching staff, and support personnel such as lab in-charges. The first day ended on a very high note.



Vice Chancellor Prof. Madhulika sharing during Trust and Team Building Session in presence of Mr. Viral Mazumdar, founder and course convenor

Day 2 (10 January, 2026) - Mind, Ego and Relations

The day began with the prayer “Ae Malik Tere Bande Hum.”

This was followed by the morning quiet time session on Mind, Ego, and Consciousness. Through a presentation, the course convenor guided participants through a reflective journey on how individuals are born with innocence and happiness, but gradually accumulate pain, hurt, ego, and negative habits over time. The session explored how people often encounter emotional and personal dead ends when guided by ego, yet continue to listen to it in order to avoid temporary discomfort.

At the conclusion of the presentation, music was played while participants sat quietly in the auditorium with their eyes closed. They were asked a deeply introspective question: “*What have I lost due to my ego?*” Participants remained in silence for some time, reflecting individually on the question before later coming on stage one by one to share their thoughts and experiences.

The participants were then encouraged to consciously let go of something negative, harmful, or unwanted from their lives. Each participant was asked to write these thoughts on a small chit of paper. The activity witnessed enthusiastic participation, with several individuals expressing the desire to write more than one negative aspect they wished to leave behind. Following this, participants stepped outside and took part in the symbolic activity of burning the chits, representing the burning of negativity and emotional burdens.

After the activity, the gathering paused briefly for tea and snacks. The participants then returned to the auditorium for another important session centred on Relationships. The session began with the screening of a video depicting the relationship between a father and son. Building on the themes presented in the video, the course convenor shared examples from his own life to illustrate the meaning and importance of maintaining healthy and meaningful family relationships. The session was subsequently opened for participants to share their own reflections and experiences.

One particularly powerful sharing came from a participant who narrated the story of two brothers, each with a son. One day, the elder brother was standing with two ice creams in his hands, one larger and one smaller, while both children came running toward him. His own son naturally moved toward the larger ice cream, while the younger brother’s son approached the smaller one. Observing the situation from a distance, the elder brother quietly switched the ice creams, giving the larger one to his own son and the smaller one to his younger brother’s child. The younger brother, who had witnessed the entire incident silently from afar, realised in that moment that the time had come for the two families to separate households in order to preserve the love and respect that still existed between them choosing to address the issue before

resentment could deepen. Following the session, participants broke for lunch, after which they reconvened for group discussions on relationships and interpersonal understanding.

Towards the conclusion of the group discussions, participants and volunteers engaged in the activity of writing Letters to Self. While letter writing may appear uncommon in today's time, Let's Make A Difference has consciously preserved and encouraged the practice as a means of reflection and emotional processing. Participants were invited to write letters to themselves based on their realizations, learnings, emotions, and takeaways from the conference. The activity enabled individuals to process internal struggles and articulate personal commitments to change and growth.



The conference concluded with a final gathering in the auditorium. During the closing session, the volunteers were formally introduced to the participants, with their academic backgrounds, professional journeys, association with the work of Let's Make A Difference, and personal sacrifices to be present at the conference being acknowledged before the gathering.

As a gesture of appreciation, the team from Usha Martin University presented flower pots to each volunteer. Subsequently, the volunteer team distributed certificates to deserving participants, formally marking the conclusion of the conference.

Workshop at Usha Martin University

October 28, 2025 · Narayansoso, Jharkhand

On 28 October 2025, the Let's Make A Difference team visited Usha Martin University to interact with more than 200 students and explore the possibility of organizing a youth conference in the near future.



L to R: Sayok Sarkar, Dean Academics Prof B N Sinha, Rashesh Doshi, Prof. Madhulika Kaushik (Vice Chancellor), Viral Mazumdar (founder, Let's Make A Difference), Dr. Anupama Verma (Associate Professor/ Member Secretary, Center for Ethics), Bhisham Mansukhani, Pro Vice Chancellor Milind, Somay Pareek, Tanishqa Gandhi

This was Mr. Viral's third visit to the university. He first visited Usha Martin on 11 February, followed by another visit on 19 July. He began by sharing about the first visit and reflected on how each visit deepened his connection with the students. He then spoke about his visit to Tamar Eklavya School, describing the environment there and the challenges faced by its students, many of whom lacked clear goals or direction in life. When asked about their dreams, most had no answer; some even said they would return to their villages and simply "samay katega," which deeply saddened him. Moved by this experience, he resolved to do something meaningful for that school every year.

Mr. Viral also shared a touching story about transformation. During a session on human values, one student initially refused to listen and walked out, but returned later as his bus was delayed. He quietly stayed for the entire three-hour session and afterward approached him, expressing a desire to change. He even showed him a gun, also confessing that he used to beat the teachers. Over time, that same boy completely transformed his life, and today, he works in Bangalore, earning an honest living.

Bhisham shared his inspiring journey. He attended his first Let's Make A Difference

conference 27 years ago, in 1998, at Panchgani. At that time, he lacked confidence in his studies and planned to move to Hong Kong to assist his father in business. However, during the conference, he met many people who inspired him to reimagine his life. He decided to pursue journalism and worked on improving his relationship with his mother, whom he had once disrespected. Through Let's Make A Difference's guidance, he transformed himself completely. Today, he is a successful journalist, known for his integrity, having even refused a bribe in the form of a foreign trip to publish a false article, staying true to his values.

Mr. Rashesh spoke about his personal awakening. He shared that, as a child, he often felt unfortunate because no one taught him how to look within. Though he built a successful business, he realized he hadn't truly built himself. It was only after attending the Jamshedpur Youth Conference 2024 and one of the Tamar Follow-Ups that he discovered the importance of quiet time and internal reflection, and learned to live by the four core values of Let's Make A Difference: Honesty, Purity, Unselfishness, and Love.

Towards the end of the session, the team distributed chits to students, inviting them to anonymously share their personal problems and challenges. The Let's Make A Difference team collected these responses and also handed out information cards containing details about the movement's vision, team, contact information, and social media handles.

The visit was deeply impactful and heartfelt. The students were open, honest, and eager to share their thoughts. The team left inspired by their enthusiasm and looks forward to returning soon to host a full-fledged Conference at Usha Martin University.

Challenges faced by the students

During the interaction, each student was given a chit to write about their personal challenges, fears, or questions they face in everyday life. The responses were collected anonymously from everyone present.

What emerged was a raw, honest reflection of what young people struggle with today mentally, emotionally, and socially.

Below is a compilation of the most recurring challenges, along with examples to give a deeper understanding:

- Overthinking – Many students shared that they often replay situations in their mind and get stuck in “what if” thoughts.
- Procrastination – A recurring issue where students delay important tasks or studies until the last moment.

- Family Issues – Strained relationships, lack of understanding, or conflict at home.
- Stress – Due to academic pressure, expectations, or personal struggles.
- Drug and Smoking Habits – Some wrote about being influenced by peer groups or trying substances as a way to escape stress.
- Academic & Core Stress – Difficulty focusing, exam anxiety, and confusion about career goals.
- Peer Pressure – Feeling compelled to fit in or do things against their own values.
- Lack of Confidence – Doubting one's abilities or feeling inferior to others.
- Time Wastage – Awareness of wasting hours on unproductive activities, especially online.
- Relationship Issues / Breakups – Emotional distress from romantic relationships or friendships.
- Career Confusion – Unsure about future direction or how to set goals.
- Fear of Confrontation / Conflict Avoidance – Difficulty expressing emotions or standing up for oneself.
- Communication Issues – Feeling hesitant to open up.
- Struggle with Honesty
- Loss of Clarity – Uncertainty about what truly matters or where life is headed.
- Lack of Future Aspirations – Some wrote, “I don't know what to do in life.”
- Domestic Issues – One student wrote, “How can I stop my parents from hitting my younger sister?” highlighting serious family distress.

Introversion & Isolation – Difficulty talking to people or making new friends.

Anger Issues – “I get angry really fast,” wrote several students.

Inconsistency – Many expressed wanting to learn “how to be consistent in life.”

Core Reflection

These chits were more than feedback. Every word written came from a place of vulnerability and trust. We will study them closely, curate the conference accordingly, and respond to the questions with responsibility and sensitivity.

The insights shared will now guide the framework of the upcoming Let's Make A Difference conference, helping us create a space where students feel safe to speak openly, without fear of judgment, and where every question is met with a conscious and thoughtful answer.

This is the work we do as an organization and these reflections remind us why it matters



Workshop at Dharashiv, Maharashtra

September 21, 2025 · King's Garden, Dharashiv

The Dharashiv Workshop was not merely a one-day event, but the culmination of a journey that had begun many years earlier. In 2007, Akshata attended her first Let's Make A Difference conference in Baramati. The values and experiences she encountered there remained with her over the years and quietly shaped her outlook towards life. Several years later, she encouraged her younger brother, Prathamesh, to attend the Let's Make A Difference National Youth Conference in 2022.

For Prathamesh, the eight-day conference became a deeply transformative experience marked by introspection, honest reflection, meaningful quiet time, and conversations around values and purpose. The experience significantly shaped the way he viewed himself, his relationships, and his future. Following the conference, he remained actively associated with Let's Make A Difference by volunteering at conferences and later spending seven months in Delhi as part of a fellowship dedicated to carrying the message and work of Let's Make A Difference across different parts of India. Upon returning to Dharashiv, he, along with friends and well-wishers including Shivrai, Tanmay, and others, began discussing the need to bring the movement to the city.

The group collectively reflected on the growing challenges visible among young people in Dharashiv, including poor governance, limited opportunities, rising addiction, emotional disconnection, and increasing dependence on screens and digital distractions. They believed that if young people in the city could be provided a space

for reflection, honesty, introspection, and purpose-driven dialogue, meaningful change could begin at both an individual and community level.

On 7th September 2025, a small gathering of eight Let's Make A Difference well-wishers met at Tanmay's farm to discuss and plant the idea of organizing a workshop in Dharashiv. Over the following two weeks, the idea gradually evolved into a collective effort supported by volunteers, well-wishers, and local youth. Flyers and outreach material were prepared, registrations were opened, and volunteers from Solapur joined the initiative to support the planning and execution of the workshop.

A significant contribution came from volunteer Akshay Rajenimbalkar, who generously offered King's Garden, a venue with a capacity of approximately 300 people, free of cost for the event. Following consultations with the course coordinator, Mr. Viral Mazumdar, with the suggestions from the larger team, the workshop date was finalized for Sunday, 21st September 2025.



The organizing team collectively undertook fundraising efforts among themselves to ensure that the workshop could remain free and accessible for all participants. As part of the outreach efforts, the team visited several educational institutions across Dharashiv to personally interact with students and introduce them to the vision of Let's Make A Difference. These institutions included Government Ayurvedic College, Terna Engineering College, Chhatrapati Shivaji College of Arts & Commerce, Bill Gates College, VP Agricultural College, VP Physiotherapy College, and Advance Computer College.

The personal interactions and outreach efforts generated a strong response from students across diverse academic backgrounds. By the day of the workshop, nearly 280

young participants had registered. The workshop commenced at 11:00 AM at King's Garden, Dharashiv. Participants began arriving early, and by 10:45 AM, the venue was filled with enthusiasm and anticipation.

The event began with a formal welcome and Deep Prajwalan (lighting of the lamp) conducted by women leaders and respected members from Dharashiv and Solapur, including Shashikala Ghogare, Trustee of Chhatrapati Shivaji Educational Trust; Mangala Ghogare, community elder from Dharashiv; Shalini Rajenimbalkar, owner of King's Garden; Ashwini Bhosale, Police Inspector, Crime Branch, Dharashiv; and Shubhangi Pokharkar, entrepreneur from Solapur.

The inauguration was followed by the prayer "Itni Shakti Hame Dena Data." An introductory session on Let's Make A Difference was conducted, during which Akshata, Prathamesh, and Akshay shared their personal experiences and reflections associated with the movement and its impact on their lives.

The morning session was facilitated by Viral Mazumdar, who introduced participants to themes including Quiet Time, family relationships, vision-building, self-awareness, and introspection. For many participants, the session became their first experience of consciously pausing amidst daily routines and listening to their inner thoughts and emotions. The discussions encouraged participants to reflect on their relationships, aspirations, personal habits, and the direction of their lives.



Let's Make A Difference, the importance of introspection, and the role of personal transformation in creating wider social change. Participants were encouraged to openly share their thoughts, experiences, and concerns in a supportive environment.

Each participant was also provided with a Quiet Time diary to continue the practice of reflection beyond the workshop. Several participants wrote down personal commitments and positive resolutions, while many openly shared their reflections

during the discussions. Questions raised by participants throughout the sessions were also collected and addressed collectively.

The workshop concluded with a group photograph followed by a final address from Viral Mazumdar. He also interacted personally with parents and principals from various educational institutions who had attended or supported the event. By 4:15 PM, the workshop formally concluded. However, for many participants, the process of inner reflection and personal questioning had only just begun.

For Dharashiv, the workshop represented far more than a one-day gathering. It marked the beginning of a new chapter and the sowing of a new seed of Let's Make A Difference within the city. Nearly 280 young participants returned home carrying Quiet Time diaries, personal reflections, and commitments made to themselves.

For some participants, the workshop may remain a meaningful memory of a single day. For many others, however, it may become the beginning of a much deeper journey centred around values, introspection, responsibility, and purposeful living. The organizing team now looks forward to the possibility of conducting a full-fledged Let's Make A Difference conference in Dharashiv, offering young people a deeper and more immersive experience of self-discovery and transformation.

21st September 2025 will remain a significant day in the journey of Let's Make A Difference in Dharashiv. In a city facing several social and emotional challenges among its youth, the workshop introduced a new space for reflection, honesty, and hope. The values of Purity, Honesty, Unselfishness, and Love found expression through conversations, reflections, and human connection throughout the day.

The Dharashiv Workshop was not an end in itself, but the beginning of a larger journey, one that seeks to nurture conscious, responsible, and value-driven young individuals within the city and beyond.

VOLUNTEERS WORKSHOP

August 23-24, 2025 · Pune, Maharashtra



Let's Make A Difference Pune Workshop Center for Police Research, Pune 23-24 August 2025

The first day of the Pune Volunteer Workshop focused on introducing participants to the philosophy, values, and larger vision of Let's Make A Difference. The inaugural session brought together participants from diverse regions, creating a platform for learning, dialogue, and collaboration. The opening proceedings introduced the objectives of the workshop, the guiding principles of the movement, and the expectations from participants, emphasizing the importance of meaningful engagement and active participation throughout the two-day experience.

A key focus of the day was the practice of Quiet Time, one of the foundational principles of Let's Make A Difference. Participants were introduced to the importance of self-reflection and introspection as tools for personal growth and conscious decision-making. Discussions highlighted the role of core human values such as honesty, love, responsibility, and integrity in shaping individual behaviour and relationships. Through real-life experiences and examples, participants were

encouraged to understand how these values can be integrated into daily life.

The sessions also addressed several contemporary social concerns affecting young people and society at large. Themes related to changing social dynamics, emotional well-being, unhealthy pressures, and the importance of stronger family and value systems were discussed. These conversations encouraged participants to critically examine social realities while reflecting on their own responsibilities as individuals and citizens.

The latter part of the day was dedicated to group discussions and reflective sharing sessions. These smaller, more personal interactions created an inclusive and comfortable environment where participants could openly share experiences, perspectives, and personal challenges. Many participants reflected on their own journeys and identified areas for improvement and self-growth.



To conclude the day, participants wrote personal commitments for positive change, reinforcing the idea that meaningful transformation begins with individual action. The first day concluded with participants carrying forward a deeper understanding of themselves, stronger interpersonal connections, and a renewed sense of purpose that set the tone for the second day.

The second day of the workshop began with prayer and *Quiet Time*, continuing Let's Make A Difference's emphasis on reflection and self-awareness. The theme for the morning session focused on anger, ego, and their impact on individuals, families, and relationships. Participants were guided through reflective questions that encouraged

them to think critically about their own emotional responses, behavioural patterns, and the broader consequences of these emotions in everyday life.

Participants spent time in quiet introspection across the campus before coming together to share their thoughts and experiences. The discussions that followed were marked by openness and honesty, with both participants and volunteers reflecting on personal experiences related to anger, emotional responses, and interpersonal relationships. These exchanges created opportunities for collective learning and helped participants recognize the importance of emotional awareness and self-regulation.



The sessions later in the day shifted towards practical engagement and problem-solving. Participants interacted directly with facilitators and discussed ways of addressing personal and social challenges. Through open dialogue and interactive discussions, participants explored methods to strengthen self-discipline, improve relationships, and adopt positive habits in everyday life.

An important component of the workshop was the “Letter to Self” activity, one of Let’s Make A Difference’s signature reflective exercises. Participants were given time and space to write letters to themselves, allowing them to reconnect with their aspirations, values, and inner thoughts. The activity served as a meaningful opportunity for self-conversation and long-term reflection, with the letters intended to be revisited in the

future as reminders of the commitments made during the workshop.

The workshop concluded with a special session involving parents, organizers, and invited guests. The session highlighted the journey, achievements, and future vision of Let's Make A Difference, while also reflecting on the impact created through regional and national engagement. The two-day workshop ultimately strengthened personal connections, encouraged regional participation, and reinforced a collective commitment toward values-based living and meaningful social action.

Inaugural Visit

May 21 – 22, 2025 · Chhatrapati Sambhajnagar (Aurangabad), Maharashtra



Viral Mazumdar interacting with Vijeet Deora, Viram Deora, Anish Deora and Siddharth Muthiyan



Mudit Surana, Siddharth Muthiyan, Santosh Muthiyan, Viral Mazumdar, Vijeet Deora, Viram Deora & Anish Deora

Day 1 (21st May 2025)

Welcoming Viral Mazumdar and Connecting Over Conversations

The inaugural visit of Let's Make A Difference to Chhatrapati Sambhajnagar began with the arrival of Viral Mazumdar, who was received at Chhatrapati Sambhajnagar Airport by Let's Make A Difference team members Mudit Surana, Siddharth Muthiyan, Vijeet Deora, and Viram Deora.

The journey from the airport provided an opportunity for informal yet meaningful conversations and reflections. Following this, the team visited the office of Mudit Surana, where they were warmly received by Vinod Surana and Santosh Muthiyan, respected parents of Mudit Surana and Siddharth Muthiyan.

During the interaction, Viral Mazumdar engaged in thoughtful discussions with the students and participants, addressing questions around personal growth, responsibility, and self-reliance. Conversations centred around themes such as independence, navigating personal challenges, and making conscious life choices. The exchange created an open space for introspection and dialogue among the participants.

The day concluded with dinner at Mudit Surana's residence, where conversations continued around values, family, responsibility, and individual growth. The informal setting further strengthened connections and laid the foundation for the engagements planned over the following day.

MEETINGS WITH INSTITUTIONS AND COMMUNITY LEADERS

1. Visit to Chetna Empowerment Foundation

Time: 9:00 AM

Location: Chetna Happy Village

People Met: Mr. Vivek Randad and Mrs. Mitali Lathi (Founders)

The day commenced with a visit to Chetna Empowerment Foundation and an interaction with its founders and team members, who have been actively working on addressing critical concerns affecting young people, including mental health challenges, emotional well-being, anger management, digital dependency, and concentration-related issues.

During the interaction, Mr. Vivek Randad and Mrs. Mitali Lathi shared their experiences and insights from working with youth and communities. The discussions highlighted the increasing emotional and behavioural challenges faced by younger generations and the importance of creating supportive spaces for growth and self-development. The atmosphere at Chetna Happy Village itself reflected values of conscious living, simplicity, and well-being, creating an enabling environment for reflection and dialogue.

Over breakfast, both teams exchanged perspectives on their respective journeys and approaches toward youth engagement. Discussions explored common areas of concern and highlighted potential opportunities for collaboration through workshops and initiatives focused on emotional awareness, mindfulness, self-development, and values-based learning.

The interaction reflected a shared understanding that sustainable social change begins with inner transformation and that nurturing emotionally resilient and value-driven individuals is essential for building stronger communities.



Vivek Randad & Viral Mazumdar reading each other's thoughts, ideas and purpose.



Mudit Surana, Vivek Randad, Mitali Lathi & Viral Mazumdar

2. Visit to Services Preparatory Institute (SPI)

Time: 11:15 AM

People Met: Major Firasat (Director), Lt. Col. Pol (Former Director)

Accompanied by: Mr. Nitin Ghorpade (Well-wisher of Let's Make A Difference and Guest Speaker at the National Youth Conference 2024)

The visit to Services Preparatory Institute (SPI), a government-supported institution focused on preparing young cadets for careers in the Indian Armed Forces, centred on discussions around leadership, discipline, integrity, and values.

The interaction emphasized the importance of developing not only academically and physically capable individuals but also emotionally strong and ethically grounded future leaders.

The vision and work of Let's Make A Difference were shared with the institute leadership, with conversations focusing on the role of empathy, teamwork, responsibility, and self-awareness in nation-building. Discussions also explored the possibility of introducing values-based transformational programs for cadets, aimed at complementing their existing training through the development of self-awareness and purpose-driven leadership.

The interaction concluded on a positive note, with a shared understanding that leadership and service are strengthened through strong human values and character.



Major Firasat, Mudit Surana, Viral Mazumdar, Col. Pol, Siddharth Muthiyan, Nitin Ghorpade

3. Visit to MGM University

Time: 12:15 PM

People Met: Mr. Ankushrao N. Kadam – Hon'ble Chancellor; Mr. Nitin Ghorpade – Sports Director, MGM University

MGM University, known for its progressive outlook and commitment to holistic education, provided an important platform for discussions around youth development and values-based learning. The team had the opportunity to interact with Mr. Ankushrao N. Kadam, whose interest in the vision and objectives of Let's Make A Difference created space for a meaningful exchange of ideas.

The discussion centred around the growing need for educational institutions to nurture not only academic excellence but also emotional well-being, self-awareness, and responsible citizenship among students. The interaction explored how institutions can contribute towards shaping individuals who are professionally competent while remaining socially conscious and emotionally resilient.

The possibility of organizing a three-day transformational conference for incoming student cohorts at MGM University was also discussed. The proposed engagement would focus on themes including self-awareness, leadership, emotional strength, values, and conscious living.

The interaction concluded positively and opened possibilities for future collaboration aimed at fostering holistic development among students.



Nitin Ghorpade, Viral Mazumdar, Ankush Rao Kadam, Mudit Surana, Siddharth Muthiyan

4. Visit to Nath School of Business & Technology (NSBT)

Time: 2:30 PM

People Met: Ms. Neepa Mehta – Leadership Coordinator; Ms. Akanksha Kakde, Assistant Professor (Finance and Economics) and Lead, CPBFI

The visit to Nath School of Business & Technology provided an opportunity to engage with faculty members on the growing importance of integrating self-development and values-based learning within educational environments.

The interaction focused on the role institutions can play in creating environments that encourage reflection, self-awareness, empathy, emotional resilience, and leadership. Discussions highlighted the need to support students not only in their academic and professional pursuits but also in their personal growth and overall well-being. The conversation also explored opportunities for introducing a structured three-day transformational conference for students, aligning with the institution's broader educational objectives.

Adding a personal perspective to the interaction, Vijeet Deora, a student of NSBT and participant in Let's Make A Difference initiatives, shared his journey and experiences with the programme. His reflections on personal growth and transformation brought authenticity to the discussion and offered a practical illustration of the initiative's impact.

The interaction was encouraging and reflected a shared interest in exploring future avenues of collaboration.



Siddharth Muthiyan, Vijeet Deora, Mudit Surana, Viral Mazumdar, Neepa Mehta & Akanksha Kakde

5. Visit to MGM Khadi and Paithani Centre

The team visited the MGM Khadi and Paithani Centre, where they were introduced to the rich tradition of handwoven Paithani sarees and shawls. During the visit, Bhausaheb Hajare guided the team through the various stages involved in the weaving process and shared insights into the craftsmanship, dedication, and heritage associated with this art form.

The interaction provided an opportunity to appreciate the significance of preserving traditional knowledge systems and supporting local craftsmanship. It also highlighted the importance of connecting cultural heritage with broader conversations around identity, values, and community engagement.



6. Radio Broadcast – Radio MGM 90.8 FM

As part of the outreach efforts during the visit, Viral Mazumdar shared a message for young people through Radio MGM 90.8 FM, the community radio station managed by the College of Journalism and Mass Communication at Mahatma Gandhi Mission University.

The discussion focused on themes including self-awareness, emotional well-being, values, and conscious living in the context of today's rapidly changing world. Emphasis was placed on encouraging young people to look beyond conventional definitions of success and cultivate qualities such as responsibility, empathy, and balance in their lives.

The radio platform served as an important medium for extending these conversations to a wider regional audience and reinforced the relevance of value-based guidance for youth.



7. Interaction with Members of BNI Alliance Chapter

The visit also included an interaction with members of the BNI Alliance Chapter, where the team introduced the vision and work of Let's Make A Difference and discussed the role that business leaders and entrepreneurs can play in fostering positive social change.

Discussions highlighted the importance of investing not only in professional growth and economic development but also in emotional well-being, leadership values, and personal development within workplaces and families.

The conversation explored how business communities can support initiatives that contribute towards building emotionally resilient, socially responsible, and value-driven individuals.

The interaction reflected an encouraging willingness among participants to engage with broader questions of social impact and youth development.



Nitin Ghorpade, Nishant Agrawal, Kishor kale, Viral Mazumdar, Mudit Surana, Laxmikant survey & Ayush Surana

8. Dinner with Family and Team

The day concluded with a dinner gathering attended by Viral Mazumdar, Siddharth Muthiyan, Garima Muthiyan, Aarti Muthiyan, Mudit Surana, and Pradnya Surana.

The gathering provided an informal space for reflection following a day of engagements and discussions. Conversations revolved around experiences from the visit, emerging opportunities for collaboration, and the broader vision of Let's Make A Difference.

More than a social interaction, the gathering reflected the importance of relationships, shared values, and collective commitment in sustaining long-term impact.



Viral Mazumdar with the Surana's Mudit & Pradnya Surana



Viral Mazumdar with the Muthiyan's Siddharth, Aarti and Garima Muthiyan

10. STRATEGIC VISITS & MEETUPS

Building Bridges

From the Embassy of Japan to leading universities and governance institutions.

VISIT TO THE EMBASSY OF JAPAN

August 1, 2026



A significant milestone in Let's Make a Difference's journey towards global engagement was marked by a visit to the Embassy of Japan in New. This strategic interaction brought together the founding trustees, and senior representatives from the Embassy. The meeting served as an important platform to articulate the long-term vision of expanding the initiative's footprint beyond national boundaries. A key proposal presented during the discussion was the idea of organising a youth delegation visit to Japan. The objective of this engagement is to facilitate meaningful cultural exchange and dialogue between people from India and Japan, enabling them to share experiences, perspectives, and values in a collaborative learning environment.

The response from the Embassy was encouraging. Kobayashi Takashi expressed keen interest in the proposal. This positive reception reflects a shared recognition of the importance of youth-led dialogue in fostering cross-cultural understanding and global citizenship.

Beyond the immediate proposal, the visit holds broader strategic significance. It represents an initial but crucial step towards positioning Let's Make A Difference as a platform capable of engaging with international institutions and stakeholders. By opening avenues for collaboration with diplomatic and cultural bodies, it lays the groundwork for future partnerships that can amplify the impact of its work.

Conversation with Dr. Parag Shah. Founder – FLAME University & MIDAS School of Entrepreneurship

August 25, 2025

On 25th August 2025, five members of the Let's Make A Difference team, Mr. Viral Mazumdar, Mr. Mudit Surana, Mr. Harshal Thakre, Mr. Swapnil Shah, and Mr. Saurabh Gadiya visited the MIDAS School of Entrepreneurship (Management, Innovation, Design, Arts and Social Sciences) in Pune for an interaction with Prof. Parag Shah, Founder of FLAME University (Foundation for Liberal and Management Education) and MIDAS.



The meeting emerged from an earlier visit by Saurabh Gadiya to the FLAME University campus, where he envisioned the possibility of a meaningful collaboration between Let's Make A Difference and the student community at FLAME and MIDAS. Through continued efforts and belief in the potential of this engagement, the idea eventually translated into a detailed interaction with Prof. Shah.

Prof. Shah warmly welcomed the team and presented them with signed copies of his book, *Antar Prerna: An Entrepreneur's Journey*, along with personalized notes. The gesture reflected his encouragement towards initiatives centred on values-based youth engagement and conscious leadership.

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During the discussion, Prof. Shah shared the vision and philosophy behind MIDAS and reflected on the evolving challenges faced by students in contemporary educational spaces. He observed that many students at FLAME and MIDAS come from financially privileged backgrounds, and therefore their struggles are often not rooted in scarcity, but in questions of direction, responsibility, identity, and purpose. In this context, he encouraged Let's Make A Difference to design an engagement model that meaningfully responds to these specific realities and emotional needs.

Members of the team also reflected on their own personal journeys and shared how their association with Let's Make A Difference had shaped their character, personal values, professional choices, and overall outlook towards life. These reflections resonated strongly with Prof. Shah's broader vision of education that integrates entrepreneurship with values, innovation, social responsibility, and inner growth.

The meeting concluded on a positive and encouraging note, with Prof. Shah inviting Let's Make A Difference to submit a proposal for future collaboration. The approach discussed involved beginning with an introductory student engagement session focused on listening, dialogue, and understanding the lived realities and challenges faced by students. This initial interaction would serve as a foundation for trust-building and meaningful connection.

Representing Let's Make A Difference, Viral Mazumdar shared the organisation's three-decade-long journey of working with young people across India. He spoke about the movement's regional youth conferences and values-based initiatives that have impacted thousands of students from diverse social and geographical backgrounds ranging from rural schools in Tamil Nadu to institutions in industrial cities such as Jamshedpur.

Subsequently, the discussions explored the possibility of organizing a four-day residential conference on campus, offering students an immersive experience of Let's Make A Difference and its philosophy of values-based living, self-awareness, leadership, and responsible citizenship.

Coming soon after the successful Pune Regional Workshop 2025, the interaction with Prof. Parag Shah marked a significant step forward for Let's Make A Difference. The meeting opened promising avenues for bringing its ethos of values, leadership, and purpose-driven living into some of the country's leading educational institutions.



Visit to IC Centre for Governance (ICGfG)

AUGUST 2, 2025 · NEW DELHI

Another meaningful step in building strategic partnerships was marked by an interaction with the IC Centre for Governance. The founding trustees, Neha Mazumdar, Bhisham Mansukhani, Amit Keshan, Rajiv Agarwal, and Viral Mazumdar were hosted for an in-depth discussion aimed at exploring avenues for collaboration around youth engagement.

The meeting brought together diverse perspectives on the role of young people in shaping democratic processes and public life. Prabhat Kumar highlighted the importance of equipping youth with a clear understanding of their rights and responsibilities, emphasizing accountability as a cornerstone of active citizenship. Shanti Narayan contributed forward-looking ideas on potential areas of collaboration, particularly in designing platforms that encourage dialogue and civic participation.

A central theme that emerged during the discussion was the need to align youth aspirations with a broader sense of national purpose, underscored by Viral Mazumdar, who spoke about fostering a deeper connection between individual growth and collective responsibility.

The interaction concluded on a note of shared intent, with both sides expressing enthusiasm to translate dialogue into sustained engagement.

As an outcome of this meeting, Rajiv Agarwal extended a formal invitation to Prabhat Kumar to participate in the Jamshedpur Youth Conference 2025, scheduled from October 30 to November 2, 2025. This gesture reflects a commitment to strengthening institutional linkages and creating platforms where ideas can be carried forward into practice.

Speakers at the National Youth Conference

		President, Ministers & Politicians		
Dr. A.P.J. Abdul Kalam	Sharad Pawar			O. P. Choudhary
	Film Actors & Directors			
Rajit Kapur			Ashish Vidyarthi	Vinay Pathak
		Environmentists & Journalists		
Jadav Payeng	P. Sainath			Neerja Chowdhury
	LGBT Rights Activists			
Sonal Gani			Bindumadhav Khire	Amruta Soni
		Wonder Women		
Ritu Bhatnagar	Shital Mahajan			Reema Salhe
	Specially- Able Persons			
Virali Modi			S. Sankararaman	Major D. P. Singh
		Civil Servants		
Prabhat Kumar	Dr. Kiran Bedi			Mahesh Bhagwat

11. PERSONAL REFLECTIONS

Stories of Change

Change in a person cannot be measured — only observed. These are voices from those it found

NATIONAL YOUTH CONFERENCE, CHINMAYA VIBHOOTI-2025



“I was firm that I’m a girl who never cries. By the fourth day of the conference, I cried in my group —and was able to acknowledge my emotions.”

I attended my first Let’s Make A Difference conference in 2025, at Chinmaya Vibhooti. and it was recommended to me by a relative of mine. It was a complete surprise for me, and the experience was about to change my life. I expected nothing from the conference and that made me absorb so many things. On the first day, I was firm about the fact that I’m a girl who never cries and can’t be honest about my emotions. It was barely the 4th day of the conference, where I cried in my group and was able to acknowledge my emotions.

My biggest failure in life was, that I was not able to communicate with my parents, especially my mother. But after the conference I am confident of a positive change in our relationship. I wrote them a letter to express my feelings. And I’m glad I did so. It drew me closer to my family and now I can talk to them about almost everything.

I used to lie a lot and make excuses like "the truth might hurt someone", "what will others think?", "This is not me" etc. but these were all floaters that I used to justify my lies. I soon realized that I am going wrong - I choose to lie. But now I consciously speak the truth and I don’t think about others.

Let’s Make A Difference gave me the courage to be honest. It made me realise the importance of family. I also realized that, what I considered to be normal, was actually the opposite. I understood that sometimes baby steps towards the right path and acceptance can make a huge difference.

It made me realise that being myself is good, I don’t have to change myself to be "likeable" and that made me different. I would come back to Let’s Make A Difference every time when I’m sad, confused, in doubt, lost, and happy as well. It’s my safe space. And I want to be that safe space for many more.

Before coming to my first conference, I was a totally different person. Till my 10th grade, I used to live with my parents. But I never saw them as people who love me. I just believed that were only responsible for my upbringing. I used to lie very frequently about petty things such as incomplete homework. I lied about how I felt, how things are hurting me. I was not able to channelize my sadness, which turned it into anger. But then I moved to Goa for my studies. I was in Goa was 3 years, out of which the last 1.5

years were the worst. I was emotionally and mentally drained. I was having panic attacks, and suffering from depression. I begged my parents to take me home. After coming home, I was struggling with anxiety for almost a year, then somehow by travelling with my father helped a lot. In the conference, I cried a lot. All my feelings were expressed and after that I was able to talk to my parents with more clarity. A while ago, I even told that I like a guy and they responded very differently than I expected. Owing to quiet time and all the learnings from Let's Make A Difference, I was able to speak with them.

When I was in 4th grade, my cousin used to assault me, the brother I was living with for 15 years, and he said that if I told anyone, my mother would beat me. But one day, I told her, & she did beat me. She held me by my neck, and I saw the anger in her eyes that I would never forget. That was the incident that caused distance between us. I told this experience of mine in Jamshedpur, and told parents what we as a child think or feel when their reactions or their answers hurt us. And I did not have that kind of courage but, will to tell them was greater. I was very different person then and I'm different now, and sure there are going to be consequences that are going to change me more, but learnings from Let's Make A Difference would let me handle them with logic and emotion all together. I will come back to it again and again and again. It's my family and my safe space after all.

Since I'm an elder daughter, I constantly feel the burden of being strong and tough and always knows what to do and I think that I have to know everything and I don't have space to think emotionally because everyone else think like that, someone has to be practical and it's always me. I don't remember being child be ziddi (stubborn) for something. Or crying if I don't get something I want. I just used to understand that it's ok. I have a huge problem with receiving love and care. I would love someone with my whole heart, I would take care of them, look out for them, listen to them and everything, but when someone reciprocate that, I did not take it well. But after the conference I felt like I deserve happiness just like others. And it's ok to be loved and to expect it sometimes. I used to think I'm not lovable but that's not true which I realised when my family Let's Make a Difference was there for me when I talked and cried. I'm trying my best to improve in all the things I know are wrong. I'm still not the best version of myself but sure I'm better than last week or last month.

— Bhargavi Songirkar · Ch. Sambhaji Nagar



**NATIONAL YOUTH CONFERENCE,
PANCHGANI · 2 0 2 4**

“It didn’t take away my thoughts — it gave them direction. It gave meaning to what I feel, and why I feel it.”

Sometimes, when I look back at my journey, it feels like everything happened for a reason— almost as if life was quietly preparing me for something I didn’t even know I needed.

I met my husband in 2024, before joining Let’s Make A Difference. During the time when our marriage was being finalized, I began observing him closely. There was something different about the way he lived his life he was organized, disciplined, and calm. It wasn’t something he spoke about, but something that reflected in his everyday actions. I found myself deeply admiring that quality. Somewhere within me, a thought kept repeating, “I want to become like this. I want to learn this way of living.”

Curious and inspired, I often asked him where he had learned all of this. And that simple curiosity became a turning point in my life.

That was when Harshal introduced me to Let’s Make A Difference.

I still remember attending my first NYC in 2024. I didn’t fully understand what I was stepping into, but deep inside, I felt something shift. It felt like a door had opened a door to a completely new world. A world where I could meet a better version of myself. A world where growth was not just an idea, but a way of living.

Before Let’s Make A Difference, I had always been an over thinker. I felt everything deeply. Being a people-oriented person, I cared a lot but that care often turned into overthinking, confusion, and emotional exhaustion. There were moments when my own thoughts would overwhelm me, and I didn’t know how to deal with them. But Let’s Make A Difference changed that. It didn’t take away my thoughts it gave them direction. It gave meaning to what I feel and why I feel it.

Since then, I have attended two NYC conferences and three regional conferences in Pune, Jamshedpur, and Dharashiv. Each conference has been more than just an event it has been an experience. The calmness of the place, the silence in the environment, the depth in every session... it feels like time slows down, and for once, you can truly hear yourself. It feels like a space where the noise of the outside world fades away, and the answers you were searching for quietly emerge from within.

One of the most powerful changes Let's Make A Difference brought into my life is teaching me how to listen to my inner voice. Earlier, whenever I faced difficult situations, I would either avoid them or feel stuck. Like many of us, I was afraid of facing the truth. Instead of finding solutions, I would go numb. And because of that, so many things in my life remained incomplete.

But through practices like quiet time, journaling, and connecting with my inner voice, something inside me started changing. Today, when I face a challenge, I pause. I reflect. And I ask myself a simple yet powerful question: "What can I do?"

That one question has changed everything. It has given me strength when I felt weak, clarity when I felt lost, and courage when I wanted to give up. Let's Make A Difference is not just an organization for me it is an emotion. It is a support system. It is a journey that is shaping me into a better human being every single day. Viral bhai has given us values that are so pure and grounding. And what's beautiful is that every member of this family reflects those values. There is kindness in their words, warmth in their actions, and sincerity in their intentions. Being a part of this family makes me feel safe, understood, and accepted. And that feeling... is truly rare.

There was a time when I carried a lot of emotional baggage within me. I often felt stuck, confused, and heavy from within. But slowly, through this journey, I found a path inward. I started connecting with myself. I started listening—truly listening—to my inner voice. As people say, "listen to your heart," I can now say that I have begun to experience what that truly means. It feels like layers of negativity and confusion are slowly clearing away, making space for peace and clarity.

I am also learning that even organizing small things in life brings a sense of control and calm. It's not just about external organization it reflects internally as well. When things around us are in place, something within us also begins to settle. Being connected with the Let's Make A Difference family has been one of the biggest blessings of my life. It constantly reminds me to stay grounded, to stay aware, and to keep becoming a better version of myself. Here, I found people who truly listen, who understand without judging, and who support without conditions.

And that kind of connection is something very special. Today, when I reflect on my journey, I feel nothing but gratitude. I feel fortunate truly fortunate to be a part of LMAD. It feels like a blessing that this path found me, because I believe not everyone gets such an opportunity. Through this journey, I am not only growing I am evolving. I am learning, unlearning, and becoming someone I am proud of. And this is just the beginning.

— Priyanka Thakare · Nagpur, Maharashtra

A SHARED INHERITANCE OF PURPOSE

“Some journeys are measured not in years, but in the generations they shape.”



Some journeys aren't just measured in years; they're measured by the generations they shape, the values they instill, and the quiet transformations that ripple through a lifetime. For my family, Let's Make A Difference has been exactly that. Back in 1996, my father, Amar Kapasi, was a young man searching for direction. When he walked into what was then known as Moral Re- Armament at the Asia Plateau Panchagani campus.

He didn't just find a program, he found a compass. The values he picked up there became his foundation. Through every success and uncertainty, those principles kept him grounded and reminded him that true leadership starts from within. The bonds he formed back then, were built on raw honesty and a shared mission, having stood the test of time, remaining some of the most cherished relationships in his life. For my father, Let's Make A Difference wasn't just a phase; it became part of who he is.

Having grown up listening to his stories from back then on innumerable occasions, almost 2 decades later, I found myself walking that same path. Stepping into Let's Make A Difference, I didn't fully realize I was entering the same space that had once shifted the trajectory of my father's life. While the path was the same, the experience was entirely my own. A deeply personal awakening. It wasn't just life changing; it was soul changing.

was surrounded by young people from all over India, each bringing their own stories of struggle and ambition. I was struck by the rare, unfiltered honesty of the place. We didn't bond over convenience; we bonded through the kind of vulnerability that feels almost impossible in the outside world. Let's Make A Difference pushed me, sometimes to the point of discomfort, but it was in those moments that I truly grew.

One practice, in particular, changed me: 'Quiet time'. Every morning, sitting in absolute silence for 30 minutes. No phones, no noise, just ourselves. In a world that never stops, that stillness felt sacred. It was there that I learned to really listen to my own thoughts. Without the constant distraction of a digital life, I connected with the people around me in a way I never had before. Conversations felt deeper, emotions felt sharper, and every realization felt entirely real. Having gone twice now, I see that this journey doesn't really have an end. I arrive as one version of myself and leave as someone a little

wiser and a little more grounded. For my father, watching me walk those same halls and embrace those same values has been incredibly moving.

It's more than just nostalgia for him, it's a legacy. Knowing that the principles that guided him are now guiding me has brought us closer than ever. It's a beautiful realization that our stories are now woven together, bridged by a shared commitment to growth.

Let's Make A Difference will always be sacred to me. It's the bridge between my father's journey and my own, a place where our paths finally intersected. Let's Make A Difference has been so much more than a program for us; it's our shared inheritance of purpose. It's a legacy of looking inward to change the world outward. In walking this path, my father and I both discovered something profound: we aren't just here to grow as individuals, but to leave the world a little better than we found it.

— *Pehal & Amar Kapasi*



NATIONAL YOUTH CONFERENCE, CHINMAYA VIBHOOTI-2025

“During the conference, I became emotional and shared everything I had always felt — and apologized for things left unsaid.”

My mother's friend suggested that I attend the Let's Make a Difference Youth Conference. I attended the National Youth Conference in 2025 at Chinmaya Vibhooti. Initially, I did not have any expectations from the conference, but once I became a part of it and experienced the journey, something changed within me. The transformation in me before and after the conference was clearly visible.

After attending the conference, I realized the value of my parents in my life. I had never expressed my feelings openly to them or cried in front of them before. However, during the conference, when I spoke to them, I became emotional and shared everything I had always felt about them. I also apologized sincerely and said sorry for things left unsaid.

The Let's Make a Difference team was extremely supportive throughout my journey. I was part of the Happiness group under the guidance of Mudit Sir and Harshil Sir. They constantly encouraged me to speak up and express myself, but I hesitated because I felt that I lacked the confidence and courage to do so. Every time, they encouraged me to come on stage and speak, but I could not gather the courage. I hope that the next time I attend the conference, I will be able to stand in front of everyone and speak confidently.

I learned a great deal from this experience. I made many friends during the conference, and we continue to stay in touch. We regularly connect with one another and share our thoughts and experiences.

I would like to thank Let's Make a Difference for giving me the opportunity to be a part of such a beautiful journey. I hope to attend the conference again in 2026 as well. This experience has truly been life-changing for me, and I feel grateful that my mother encouraged me to participate and be a part of it.

— Sayali Sujata Atul Jori

A FAMILY TRANSFORMED

When one changes, the family changes.



माझी मावशी अक्षता घोगरे आणि त्यांचा भाऊ प्रथमेश कदम यांनी मला 'लेट्स मेक अ डिफरन्स' (LMAD) या संस्थेशी जोडून दिले. मी २०२३ मध्ये जमशेदपूर येथील युवा परिषदेत सहभागी झालो होतो. त्या परिषदेत जाण्यापूर्वी, मी माझ्या करिअर आणि कौटुंबिक समस्यांमुळे खूप तणावात होतो आणि सतत विचार (Overthinking) करत असे.

परंतु, ती परिषद माझ्या आयुष्यातील एक कलाटणी देणारा क्षण (Turning Point) ठरली. तिथे मी शिकलो की यश मिळवण्यासाठी छोटी छोटी ध्येये (Short-term goals) निश्चित करणे किती महत्त्वाचे आहे आणि कुटुंबाशी निरोगी नाते कसे जपायचे. LMAD ची चार मुख्य मूल्ये: प्रामाणिकपणा (Honesty), निस्वार्थीपणा (Unselfishness), शुद्धता (Purity) आणि प्रेम (Love) माझ्या मनाला खोलवर स्पर्शून गेली. याव्यतिरिक्त, DLST सत्रांमुळे मला अधिक कार्यक्षम कसे बनावे आणि सोशल मीडियावर वेळ वाया घालवणे कसे थांबवायचे हे समजले. ही परिषद माझ्यासाठी डोळे उघडणारी ठरली आणि आता मी सकारात्मक दृष्टिकोनाने माझे जीवन जगण्यासाठी प्रेरित झालो आहे.

त्यानंतर, मी २०२४ ची आयकुडी युवा परिषद आणि २०२५ ची जमशेदपूर युवा परिषद यामध्ये एक स्वयंसेवक (Volunteer) म्हणून सहभाग घेतला.

माझ्या आईचा (वैशाली शूरसेन घोगरे) अनुभव

माझ्या प्रेरणेतून माझी आई, वैशाली शूरसेन घोगरे यांनी २०२५ च्या 'नॅशनल युथ कॉन्फरन्स' (NYC) मध्ये सहभाग घेतला. त्यांचा अनुभव त्यांच्याच शब्दांत:

"मला आधी असे वाटायचे की मला स्वतःसाठी वेळच मिळत नाही. पण कॉन्फरन्समुळे आता मी घरच्यांची सर्व जबाबदारी सांभाळून दिवसातील १ तास ध्यान (Meditation) आणि १ तास 'क्वाइट टाईम' (Quiet Time) साठी सहज देऊ शकते. वेळेचे नियोजन करणे, स्वतःचा विचार करणे आणि अंतर्मनाला प्रश्न विचारणे मी तिथे शिकले, ज्यामुळे मी आता कोणत्याही अडचणी सहज सोडवू शकते.

माझ्या मनातील विचारांचा 'गढूळ पाण्याचा जार' मी रोज रिकामा करत आहे, ज्यामुळे मी मानसिकदृष्ट्या अधिक सक्षम (Strong) बनत आहे. मला वाटते की धाराशिव मध्ये देखील अशी परिषद व्हायला हवी, कारण आपण दुसऱ्याचा स्वभाव बदलू शकत नाही, तो बदल प्रत्येकात स्वतःहून यायला हवा.

Translated version (English)

My aunt, Akshata Ghogare, and her brother, Prathamesh Kadam, introduced me to Let's Make a Difference. I participated in the Youth Conference held in Jamshedpur in 2023.

Before attending the conference, I was under a lot of stress because of concerns related to my career and family issues, and I often found myself overthinking. However, that conference became a turning point in my life. There, I learned how important it is to set small, short-term goals in order to achieve success and how to maintain healthy relationships with family members. The four core values of Let's Make a Difference – Honesty, Unselfishness, Purity, and Love – deeply touched me and left a lasting impact on my mind and heart. In addition, the DLST sessions helped me understand how to become more productive and how to stop wasting time on social media.

The conference truly opened my eyes and inspired me to live my life with a more positive outlook. After that experience, I participated as a volunteer at the Aikudi Youth Conference in 2024 and the Jamshedpur Youth Conference in 2025.

My Mother's Experience (Vaishali Shursen Ghogare)

Inspired by my experience, my mother, Vaishali Shursen Ghogare, participated in the National Youth Conference (NYC) in 2025. In her own words:

"Earlier, I used to feel that I never had time for myself. However, after attending the conference, I realized that while managing all my household responsibilities, I can still comfortably dedicate one hour each for meditation and quiet time every day. I learned the importance of time management, self-reflection, and asking questions to my inner self. These practices have helped me develop the ability to deal with challenges more effectively.

Every day, I am emptying the 'jar of muddy water' in my mind, which has made me mentally stronger and more balanced. I feel that a conference like this should also be organized in Dharashiv because we cannot change another person's nature; real change has to come from within each individual."

– Tanmay Shursen Ghogare & Vaishali Shursen Ghogare



NATIONAL YOUTH CONFERENCE, CHINMAYA VIBHOOTI-2025

“I arrived as someone undone.
Introspect, it feels like the most honest
beginning I could have had.”

The Let's Make A Difference Youth Conference 2025 found me in transition, not quite who I had been, and not yet who I was beginning to become. Walking into a space filled with voices carrying a kind of certainty I did not yet recognize within myself was rather overwhelming. I remember arriving with a kind of inward hesitation, as though I was standing at the edge of something I did not yet belong to.

It reflected in tears with no quiet corner to retreat into. I remember finding myself completely vulnerable, seen in a way I had never quite been before. At the time, it felt like I had unravelled too quickly, too visibly. I had imagined myself arriving composed, self-assured and quietly observant. However, I arrived as someone undone. Breaking into tears and having no answers to why felt like failure in its most visible form. But in retrospect, it feels like the most honest beginning I could have had. What followed did not sharpen that vulnerability into embarrassment, it softened it.

The littlest of things began to change the texture of my experience entirely. Before I could begin to think of myself as a burden, the people surrounding me effortlessly created a safe space. Among the small, yet meaningful memories was how Neha ma'am met me with warmth that did not ask questions, only offered space through contagious smiles, and through hugs that felt instinctive, while Viral sir's words lingered somewhere between experience and reflection, often returning later in moments of silence, in wonder, in writing.

Before coming, I had told myself that there was no way I could voice my thoughts in front of everyone, which was a significant aspect of the conference. That certainty felt safe, but certainty has a way of dissolving in the presence of the right kind of environment. Sure enough, a few days in, I felt my shivering hand rise before I knew it, almost disloyal to the promise I had made to myself. I remember the contradiction of that moment clearly, a quiet embarrassment at my own vulnerability, and alongside it, an equally quiet sense of safety. As I spoke, my voice did not exactly feel strong, yet it felt allowed.

I have always been uneasy with silence. It has felt like a gap to be filled or perhaps a pause that needed rescue. But the quiet time during those monsoon mornings asked something different of me, as odd as it felt, it asked me to stay.

At first, the silence pressed in, almost heavy, but slowly, it changed shape. It was no longer empty, it was shared. There was something quietly reassuring in knowing that even without words, we were all there, held in the same stillness. The rain outside, and the unspoken presence within created a kind of cohesion I had never experienced before. A silence that did not isolate, but gathered.

While silence around me felt unfamiliar, words within me began to settle. I wrote more than I spoke. Sometimes to understand what I was feeling, sometimes to prepare for even the smallest act of expression. Even if I had to say something simple in front of others, I would first shape it on paper. Throughout, writing, which has always been close to my heart, mirrored my thoughts. I felt compelled in the most magical way, to write to everyone I had even the smallest interactions with, to people I had only just met, to conversations that felt unfinished, to myself, and to moments I did not want to lose. They carried pieces of me I could not always say aloud.

Silence, too, began to change for me.

What remains with me are not just the sessions or the ideas, but the subtle shifts and the way unfamiliar spaces began to feel inhabitable. Even without words, there was a sense of togetherness that did not feel empty. It felt held. When I look back, I do not see a single moment where everything shifted. I see a series of small allowances. To feel without retreating, to be seen without withdrawing, to stay even when leaving would have been easier. I arrived unsure of my voice, carrying more feeling than I could hold. I left knowing that even in my quiet, even in my in-between, I had already been heard.

— Viha Kochar · Bhopal, Madhya Pradesh



NATIONAL YOUTH CONFERENCE,
VIRTUAL · 2021

“I joined thinking I already understood
what it meant to serve.
This journey changed how
I see both service and myself.”

I joined the National Youth Conference as a volunteer thinking it would be like my previous experiences in social work. I had volunteered before, so I believed I already understood what it meant to serve. But this journey turned out to be very different changed the way I see both service and myself.

From the first day, everything felt meaningful. The discipline, the energy, and the way every minute was used properly made a strong impression on me. It was not just about completing tasks; it was about being present and giving your best in every moment. Slowly, I realized that this was not just volunteering—it was a learning experience.

During the conference, I learned many simple yet important things—how to serve people with care, how to stay calm in difficult situations, and how to take responsibility while still enjoying the process. Meeting young people from different parts of the country also helped me understand different perspectives and experiences.

One moment that really changed me was the “Jar Exercise.” It made me reflect on myself honestly. I realized that I carry ego and unnecessary anger within me. That was not easy to accept, but it was important. For the first time, I felt the need to change these things—to become more patient, more understanding, and less reactive.

Another strong impact came from the feeling of love and care in the environment. I had never experienced this kind of support before. It made it easy for me to open up and express myself without hesitation. I understood how powerful love and acceptance can be in helping someone grow.

The quiet sessions were also very meaningful. The discussions on real-life issues like anger, mental struggles, and social problems made me think deeply. These are things we don’t usually talk about, but they are very important. These conversations connected strongly with my own interest in working on such issues at a larger level. I also had a memorable experience observing a respected leader during the conference. Despite holding such a high position, his humility and simplicity stood out.

It made me realize that true leadership is not about power, but about how you treat others. The daily routine itself taught me discipline and responsibility. Waking up early,

helping others, and staying active throughout the day gave me a new level of confidence. But the most satisfying part was when participants came and thanked me. Knowing that I could make someone feel better or happier gave me real joy. Looking back, I feel this journey was not just about what I did, but about what I became.

It helped me understand that service is not only about helping others—it is also about improving yourself. This experience gave me something very valuable—clarity. It made me realize the importance of living with love, staying calm, and working with purpose.

What started as a volunteering opportunity turned into a journey of change—one that I will always carry with me. I am deeply grateful for this experience, which not only allowed me to serve others but also helped me grow into a better version of myself.

— Dhruv Nagwani · Katni, Madhya Pradesh

12. FINANCIALS

Transparency in every rupee of impact.

PROGRAM / ACTIVITY	PART.	FEES (₹)	EXPENDITURE (₹)	NOTES
National Youth Conference Chinmaya Vibhooti	79	7,74,200	10,27,050	10 sponsored; deficit ₹2,52,850
Pune Conference Maharashtra	72	70,000	1,35,980	Deficit covered through support
Jamshedpur Youth Conference Kerala Public School	840	3,50,000	14,00,000	~150 participants sponsored
Eklavya EMRS Tamar Multiple visits	—	No fees	1,20,000	Fully sponsored activity
Usha Martin University Jharkhand	220	No fees	2,37,625	Fully supported initiative
Dharashiv Outreach Maharashtra	310	No fees	1,35,000	Outreach activity
Sambhaji Nagar Visits College outreach	—	No fees	35,000	Outreach visits

OUR PARTNERS IN TRANSFORMATION

Together, we inspire values. Together, we create impact.



200+
Institutions
Engaged



12
States Reached



5
Sectors
Collaborated



50,000+
Young Lives
Impacted



Our partners are the heart of our journey. Thank you for walking this path with us.



EDUCATIONAL INSTITUTIONS
Universities, Colleges, Schools & Training Institutes

- Ahilyabai Holkar University
- Gurukul Kangri Vishwavidyalaya
- Dev Sanskriti Vishwavidyalaya
- University of Patanjali
- Lovely Professional University
- Usha Martin University
- Tirpude Institute of Management Education, Nagpur
- Yeshwantrao Chavan College of Engineering, Nagpur
- SNDT College, Mumbai
- ...and many more across India



Shaping minds.
Building a better tomorrow.



GOVERNMENT & PUBLIC INSTITUTIONS
Working together for a stronger nation

- IC Center for Governance, Delhi
- Delhi Metro Rail Corporation
- Indian Oil Corporation
- Tata Steel (Urban Services)
- Shri Krishna Institute of Public Administration
- Sarthak Foundation, Lucknow
- Juvenile Observation Home, Ghaghdihi
- Gram Vikas Bhawan, Hurling
- ...and more



Strengthening systems.
Serving society.



CORPORATES & COMPANIES
Partnering for purpose beyond profit

- Tata Steel (Urban Services)
- Air India
- Delhi Metro Rail Corporation
- Indian Oil Corporation
- UPL University of Sustainable Technology
- Indo Danish Tool Room
- ...and more



Driving change.
Creating shared value.



COMMUNITY & SOCIAL ORGANIZATIONS
Empowering communities. Transforming lives.

- Parmarth Niketan Ashram
- Amar Seva Sangam, Ayikudy
- Initiatives of Change – India, Panchgani
- Kerala Public Schools Trust, Jamshepur
- Tribal Cultural Society (Tata Steel Rural Development Society)
- Jamshepur Women's Club
- Sarthak Foundation, Lucknow
- ...and more



Building compassion.
Creating lasting impact.



SCHOOLS & TRAINING CENTERS
Nurturing young minds. Inspiring the future.

- Saraswati Vidya Mandir Inter College, Rishikesh
- Young Horizons School, Kolkata
- DAV Public School, Jamshepur
- St. John's, Goregaon, Mumbai
- New Era High School, Panchgani
- Bal Vidyaniketan, Rishikesh
- Motilal Nehru Public School, Jamshepur
- ...and many more



Empowering youth.
Enriching futures.



Every partnership is a step towards a better, value-driven world.

Thank You! ♥

“

This work belongs to all of you. Your belief in the power of young people continues to illuminate the path ahead.

”

LET'S MAKE A DIFFERENCE
IMPACT ASSESSMENT 2025-26