

## **Aspirational District Project - Haridwar and Rishikesh**

**09 - 12 November, 2022**

### **Introduction:**

The fellows from 9 – 11 November made a trip to the Uttarakhand region. The fellows, Sayok Sarkar, Dr. Shivani Modi, Siddharth Muthiyan, Sumit Gogwani, and Zahra Shetranjiwala left for Haridwar and Rishikesh to rejuvenate old connections that were built by the first fellows during their multiple visits to the aspirational district. The main objective of their maiden visit to the region was to get acquainted with the place and have meetings with the administration of the different schools, colleges, universities and educational institutes.

### **DAY 1**

The fellows had an early morning breakfast and left for Patanjali University.

#### **PATANJALI UNIVERSITY**

An interaction took place with Dr V. K Katiyar, the dean of academics of Patanjali University where he briefly explained the work of IofC- Let's Make A Difference, and its presence in the world.

Dr V. K Katiyar arranged a meeting with Swami Arshdev. The values we are contributing to the society impressed Swami Arshdev and took the fellows to the Vedic Kanya Gurukulam in his care where they met Devaraniya. Hereafter an hour session on the four values and the concept of quiet time. The students shared their problems relating to the four values in which they expressed how often they lie, how their ego plays a huge part in their life and are dishonest to themselves while chanting the mantras.



*Fellows with Dr V.K Katiyar*



*Quiet time Session*



*Fellows at Vaidik Kanya Gurukulam with Swami Arshdev and Devaraniya*

#### **Gurukula Kangri Vishwavidyalaya**

The entire team visited the Gurukula Kangri campus and interacted with Mr Kuldeep who is the personal secretary to the vice chancellor. The fellows had a meeting with Professor Somdev who is the vice chancellor of Gurukul Kangri Vishwavidyalaya. Later they also had a talk with the faculty and experienced the aura of the 120-year-old campus.



*Fellows with Prof. Somdev, Vice-Chancellor of Gurukul Kangri Vishwavidyalaya*

## DAY 2

The day started with the fellows doing quiet time on the banks of Janki Setu, followed by yoga. The fellows soon left for multiple schools.

They visited **DSB International School** where they could not have a meeting with the principal and left for **Shivalik Bhagirathi Public School** and interacted with Deepak Ji (Principal), Lakshman Ji (Managing Director) and Akshat Ji (Vice principal).

In **Nirmal Ashram Deepmala Public School** they had a deep conversation with Mukul Tayal Ji who is the senior coordinator. The three fellows (Sayok Sarkar, Dr Shivani Modi, Siddharth Muthiyian) had an interaction with Mahavir Singh Rawat who is the principal of **Pandit Lalit Mohan Sharma Government PG college**

The fellows had their lunch in the Parmarth Niketan Ashram and met the local team (Parth Semwal, Hrithik Rawat, Abhinav Bisht, Kanhaiya Kushwaha) where they expressed their interest to volunteer for the upcoming aspirational district conferences.



*Fellows at Shivalik Bhagirathi Public School  
with Deepak Ji and Akshat Ji*



*Fellows with the local team*



*Fellows at Nirmal Ashram Deepmala Public School with Mukul Tayal*

### DAY 3

The morning started with fellows doing quiet time and pranayam and then visited **Omkarananda Saraswati Nilayam** where they had a short meeting with Rajiv Singh Rautela (Principal). In **Dev Sanskriti Vishwavidyalaya** an interaction took place with Shri Baldau Dewangan (registrar of DSVV). The fellows were again invited to the **Patanjali University** by Swami Aarshdev where the fellows also met Parmarth Dev Ji.



*Fellows at Dev Sanskriti Vishwavidyalaya  
with Shri Baldau Dewangan*



*Fellows with Parmarth Dev Ji*

### IIT ROORKEE

The fellows had a meeting with Prof K. K. Pant who is the director of IIT Roorkee where all the fellows introduced themselves and explained what Let's Make A Difference does for the nation. They also interacted with Prof. Mukesh Kumar Barua, dean of student welfare, Dr. Ashwani who is the dean of faculty affairs and Prof Anil Kumar Gourishetty, Associate DOSW (Student activities).



*Fellows with Prof. K. K. Pant and Dr. Ashwani*



*Fellows with Mukesh Kumar Barua*