

Let's Make a Difference (LMAD) 25 DECEMBER GATHERING REPORT



25th LMAD Gathering
Asia Plateau, 20 - 24 December, 2019



INTRODUCTION

The year 2019, was a landmark year for Let's Make a Difference (LMAD) – this year marked our Silver Jubilee. This year also saw the highest number of LMAD programmes in a calendar year. The team had organized one of the biggest Youth Conferences at Asia Plateau, with more than 300 people in attendance. In addition, the team also helped organize 5 regional conferences; with 3 of them being a first in new cities and towns. To celebrate our achievements and look back on our milestones, and also focus on our future work, it was decided that in the month of December, there would be a large gathering of all the past and present volunteers at Asia Plateau. And this gathering was not only going to be a celebration of the last 25 years of hard work, but also a serious one.

Thus, (LMAD) conducted the “December Gathering” at Asia Plateau from 20th to 24th December 2019. The idea of having this gathering was first proposed towards the end of 2014, when LMAD had concluded 20 years of its work.

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To get an idea of conducting a big gathering, the LMAD team first conducted the Let's Make a Difference 21 Gathering in the month of December 2015 at Asia Plateau. After taking the learnings from the 2015 Gathering, the team went about to conduct and plan this program with the aim of getting more involvement and serious commitments from all its past volunteers and open (*henceforth referred to as "Participants"*).

The planning of this program started at the onset of the year 2019. A tentative timetable was prepared, invitations were sent out, sessions were designed and discussed, various logistical aspects were also planned during the entire year and this went on till the last day before the big event. The vision was clear – this was going to be a serious conference. The objective of this gathering was to discuss goals and new projects to take LMAD to other parts of the country and reach as many young people of India as possible. And for this, it was imperative to reconnect and bring in the larger team and involve them in these initiatives. Many of the past volunteers have been disconnected with the programmes and conferences of LMAD over the years. This was also a good opportunity to leverage each person's expertise and knowledge to contribute towards LMAD. The presence of all the volunteers was also a perfect platform for generations from across 25 years to mix together, exchange ideas and also learn from each other's experience. A total of 140 people came from different parts of India and the world to participate.

Behind every LMAD program, there is a dedicated team. And thus, a team of 21 young volunteers had come two days prior to attend a workshop. These volunteers, were past participants of the National Youth Conferences and the regional conferences. This workshop gave them the necessary training and knowledge to run the gathering. They were also very much participants in all the sessions and were also expected to learn from the participants and the sessions that were to take place.

Each day of the program was planned in such a way that the sessions from the morning till the evening would be intense and would require full focus and participation from everyone. The evenings (post dinner) were reserved for recreation and bonding.

THE FIRST DAY

The first day of the program saw the arrival of participants from dawn till dusk. They were welcomed with a welcome skit performed by the volunteering team in the foyer. The skit stressed on how the world of digital applications has taken over our lives and also why it was important for each one of us to disconnect and connect with our inner selves. The participants were also treated to a song and a different version of the Maori song "Hai re mai". They were later told about the code of conduct in the form of Dos and Don'ts.

RELIVING OLD MEMORIES

For many participants, coming back to Asia Plateau after a long time brings about a sense of nostalgia in them. All participants have a special memory of the place, the conference, moments that made them cry, moments of joy, a special place which they call their spot and also of their friends.

A photo montage covering the last 25 years of LMAD was shown to the participants in the auditorium. There were shouts of joy and laughter from the audience as the photographs were shown.

After this session, the lounges were thrown open for a Kettle party. The team had ordered specially painted kettles and “cutting chai” glasses for this party. Tea was served while people indulged in a session of meeting old friends and catching up after a long gap. This was a good bonding session. The kettle party was the norm post the last session of the evening during all the days of the program.

THE TRADITIONAL INAUGURATION



Neha Mazumdar and Deepak Ajwani lighting the lamp

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The Gathering was formally inaugurated on 21st December in the morning. Mansi Mahajan and Tejas Jadhav were the host(s) for the ceremony. It began with the traditional lighting of the lamp. The lamp was light by participants covering all the 25 years. The people who lit the lamp were Neha Behn, Deepak Ajwani, Sonu Arora, Aswini Subramanian and Sharvari Shah. Some members of the volunteering team also sang for the audience. Later, Vighnesh gave a brief talk on the timeline of LMAD, highlighting important milestones and achievements of the LMAD team and the programmes. After this, Yash Munot from Ahmednagar shared his story of Change with the audience. Yash's story was captivating as he narrated his story of how he had struggled to overcome his addiction of gambling and how he rebuilt a good relationship with his family after getting involved with LMAD.

PANEL DISCUSSION

The inauguration ceremony concluded with Yash's story of Change and later Bhisham Mansukhani took over to conduct an interactive panel discussion with five participants – each one who represented every five years of LMAD. These five people have made immense contributions to LMAD in their own capacity and are living examples of living the volunteers' way of life. The members of the panel were – Deepak Ajwani, Nehal Gandhi, Sonu Arora, Aswini Subramanian and Mudit Surana.



From (L-R): Aswini Subramanian, Sonu Arora, Nehal Gandhi, Mudit Surana, Deepak Ajwani and Bhisham Mansukhani.

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Bhisham started the discussion by asking the panel to share how they were as people and LMAD has played a role in their lives. In addition, the panel was also asked about which of the four values of IofC do they find too hard to follow and live by?

Deepak Ajwani spoke about how he got in touch with LMAD as a sixteen-year old boy and how later he had the chance to go to England through LMAD on a co-workers programs. He shared that his association with LMAD had helped him develop a strong work ethic. He got a sense of discipline and clarity about relationships. Deepak revealed that he struggles with the value - love.

“There will be times during a relationship when there will be clashes. It is only through keeping calm and being patient and through understanding that relationships get better. Measuring yourself against these four values challenges you to go further.”

Mudit Surana – Mudit came for the first time to LMAD in 2009 and he later returned in the year 2014. He realized that he was not spending good time with his family and he felt that he was taking them for granted. After attending the Youth Conference in 2014, he put in sincere efforts to build a strong relationship with his family. He also shared an anecdote of his experience in the YC where he helped make a difference to a participant. Three years ago, a participant opened himself up to Mudit and shared his problems. The participant was on the verge of committing suicide. Mudit held his hand and helped him; and after the conference, Mudit learnt that the concerned participant is now married and settled. He is happy living his life. Mudit felt good that he was able to make a difference in someone else’s life.

“There were many instances in my life where I had to battle with my mind and inner voice. I realized that your inner voice will never fool you.”

Mudit revealed that he finds the value of honesty to be challenging to live by. More than being honest with others, he was not being honest with himself. He revealed that he also struggles with procrastination and the only thing he sincerely believes is in not giving up.

Nehal Gandhi – Nehal revealed that she first attended the Youth Conference in 1996 and it was here that she first got the essence of Moral Re-armament. first YC- git the essence of Moral rearmament. She shared that Quiet Time played a big role in her life and how she connected with herself through Quiet Time. Nehal revealed that she struggles with the value of unselfishness.

While expressing gratitude for how LMAD has changed her life, she also shared as follows:

“As I reflected this morning during my Quiet time; what triggered me was how I have used the word absolute in many ways. Absolute has always been a benchmark.”

Sonu Arora – Sony shared an anecdote from his life that clearly demonstrates how LMAD can help change a person from within and also help the person realize her/his mistake. Sonu narrated that once, in order to repair his car, he was told by the mechanic that the estimated cost would come to nearly 6000 rupees. He confided in his father and his father gave it to him. But upon visiting the mechanic, he was told that the bill came to 3,200 rupees. He decided not to inform his father about this and he quietly retained the remaining money. Later, when he had to go to attend an LMAD conference, which was charging a fee of about 3,500 rupees, he just told his father that he needed only 1,500 rupees for the bus journey to and fro and that the rest of the conference would be free of charge.

When he came to AP, he was happy and elated at his “smartness” as he called it. But during the Quiet Time, as he started writing, he began to feel a deep sense of regret. And he cried a lot while also realizing that he had lied on many occasions to his family. He later got the courage to accept that what he had done was wrong and he went back to his family and profusely apologized for what he had done. His father hugged him and forgave him.

He revealed that he was able to listen to his inner voice and take corrective action. The key take-away for him from LMAD was clarity of career and improvement in family relationships. Sonu also shared that he faces difficulty with the value of love - it was difficult for him to love unconditionally.

Aswini Subramanian – Aswini Subramanian shared that before coming to LMAD, she had joined corporate life immediately after college. At her workplace, her confidence was shattered and she got a lot of critical feedback from her colleagues. After attending the Youth Conference, she found the strength to stand up for herself and later became more confident and outspoken. Since then she has been very happy.

She also shared that LMAD had helped her build a stronger bond with her family and she credits the family session in the Youth Conference that acted like a trigger. For Aswini, the values of honesty and unselfishness posed a challenge to her.

“I feel challenged with unselfishness and honesty. I feel a sense of half-hearted happiness for people to whom I should feel happy about.”

Bhisham Mansukhani– Bhisham revealed that he was a lazy person and that he wanted to work with his father and live off of his family. He also had a bad relationship with his mother. When he came to AP and when he heard people talking about their family, he realized that he was very abusive and insulting towards

his mother. He felt that she had punished him a lot for failing in school and he thought that in college, he could get back at her. There were times when he went too far and he hurt her a lot.

He later apologized and hugged his mother. He decided to be a better son to her from there on.

“It is important for me to change my behaviour in a relationship, it means that I am being unconditionally respectful in a relationship. This is what I have really learnt from my LMAD experience.”

LMAD – 25 YEARS TIMELINE

Over the last quarter of a century, India has witnessed exponential growth in various spheres such as economy, social development, education and industry. The same goes for LMAD as well. Over the years, the programmes have evolved, sessions have changed and generations of participants have changed. And moreover; keeping its pace with the growth of India, LMAD has also ensured that it moves ahead with time and addresses new problems and challenges that is faced by the youth. To understand the growth of LMAD, we must look back at the important milestones and achievements.

- The Youth Conference initially started out initially as a ten-day youth camp in 1996 and 1997 with 120 participants. In 1998, the team went a step further and included the parents of the volunteers to participate with them. Then in 1999, LMAD had a conference in December to January 2000 to welcome in the millennium.
- The idea of a “Regional Conference” was born in 2003. And LMAD has conducted regional conferences in the following towns and cities of India: Bhubaneswar (Odisha); Indore and Katni (Madhya Pradesh); Jamshedpur, Ranchi and Tamar (Jharkhand); Bhavnagar (Gujarat); Baramati, Nagpur, Mumbai and Parli (Maharashtra); Kolkata (West Bengal); Mahoba (Uttar Pradesh).
- In the year 1998, 14 members of the LMAD team visited Mountainhouse, in Caux – the IofC International center in Switzerland. The objective of this trip was to understand the world and also interact with people from different parts of the world.
- Of these regional conferences, the largest participation was seen in Mahoba where the team conducted a roadshow for one entire day for more than 3000 people. The Bhavnagar conference which was conducted for all the women students at the Gandhi Mahila College, was conducted in the Gujarati Language
- Over the last 25 years, LMAD is estimated to have conducted close to 90 conferences and also addressed close to about 25,000 to 30,000 people.

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- The strength of LMAD lies in its Human Capital. LMAD has built a strong team of more than 200 individuals comprising of young women and men across various age groups from different parts of the country. The people in this team are also from various backgrounds and are engaged in various occupations. They take time out to come and serve LMAD from time to time. LMAD has managed to get representation from more than 150 towns and cities across India and also from Abroad.
- LMAD has created and crafted original content for all its programs; these sessions meet the needs and requirements of the youth and have moved ahead with time. However, the session on Family was a gift from LMAD to IofC. Today, all the conferences that take place under IofC India have the family session incorporated in them.
- The LMAD platform also has had the privilege to be addressed by many speakers. These speakers are distinguished individuals from various fields of work and have been change makers in their own right. Some of the prominent speakers who have addressed the LMAD gathering include noted journalist P Sainath, Honourable Late Former President of India Shri Abdul Kalam, Former cabinet secretary Prabhat Kumar, Shri J P Narayan of the Lok Satta Party, Magsasay recipient and super cop Smt Kiran Bedi, and current Chief Minister of Delhi Shri Arvind Kejriwal to name a few.
- The calendar year of 2019 was an important landmark year for us. The team conducted a total of 9 LMAD Programs – the 25th National Youth Conference at Asia Plateau; Regional conferences in Parli, Katni, Kolkata, Tamar and Jamshedpur; the December Gathering; the one day visit to Asia Plateau by the students of Sreeraj Educational Centre and the December Workshop.
- The 2019 National Youth Conference also saw the completion of a full circle for some of the past volunteers. For it was in this Youth Conference, where we witnessed participation from the daughters/sons of the past volunteers. The daughters/sons being referred to here, include Tanvi Shaha (who served as a volunteer), Sai Deshmukh and Mohammad Muddasar (both attending as participants).

OPPORTUNITIES BEYOND YOUTH

- Through our work of conducting conferences and connecting with many people and distinguished individuals across the country; LMAD has been offered many big opportunities to conduct conferences across spheres beyond the youth.

- The LMAD team was offered to conduct Yashadha: a program for the people who have been inducted into the Maharashtra Civil Services; and similarly, an offer was made from Alidra Textiles to conduct a program for all their 2000 employees.
- In 2011 Mr Jayaprakash Narayan also sent a team of 7 people from his team to attend the regional conference in Baramati. These people came from a strong background and were writing policies for the government.
- In 2013, LMAD got the opportunity to conduct 2 Corporate Programs for Air India for the pilots and staff of Air India. These two programs took place in Asia Plateau.
- In addition, the largest employer of the country also presented us with an opportunity to conduct a program for their employees.

CONTRIBUTIONS

- The strength of LMAD truly lies in its people. Each and every Volunteer of LMAD has made some contribution in her/his own capacity and has given strength to LMAD's work. And it is imperative that I highlight some significant contributions made by few volunteers of our team.
- In 2011, the website was launched. The LMAD website has more than 300 pages and has also helped us with online registrations and digital payments. Since its inception, the website was created and maintained by Amit Keshan.
- During the same year, Navendu Shirali took a six-month sabbatical to work for LMAD. And he travelled extensively to various places in India to talk about LMAD and its work and also to collaborate with other institutions in our work.
- In 2018, LMAD received a cheque of 11 lakh INR from Glencore as part of their CSR Initiatives through Makek Gupta. This money was used in conducting and running the regional conferences in 2018 and 2019. LMAD also received an additional cheque of 20 Lakh INR from Glencore in the year 2019.

QUIET TIME

Quiet Time is an integral part of every LMAD program. During this gathering we observed Quiet Time for nearly four hours across all the days. Everyone was given a special diary for this ritual. While the idea and essence of Quiet Time is familiar to everyone, many of them were doing it after a long time. After each quiet time, sharing took place in the auditorium before breakfast.

“To truly receive nature's gifts you should devoid yourself of your illusions of intelligence, I have reflected on my relationships, opportunities, mistakes and thinking of what I am struggling with but also why I am keeping myself from finding closure. My learning is that I will have that only when I let go of the past.”

“It is difficult to distinguish between the noise outside surrounding us and the inner voice. Understanding that difference is a challenge during Quiet Time. To try to control the outcome is to deliberately seek for failure' Maybe there is no one way to understand how to connect with our conscience but it takes time and effort without thinking of the outcome.”

“It was my inner calling to come back to AP again and again and prioritize over other things. You will find your answers when you truly listen to your inner voice.”

THE INITIATORS OF LMAD

While the Youth Conference is the flagship program of IofC and LMAD, the regional conferences have played a big role in taking the idea to small towns and cities of India. Many people are not able to attend the Youth Conference at Asia Plateau because of two factors - Cost and Distance. The objective of a regional conference was to connect with people at the grass root level, understand their problems, and work with them to make a difference in their lives. And given the vast difference in cultured, standard of living and exposure between the people of the big cities and these small towns, the motive was to be “inclusive”.

Few people have been instrumental in taking the initiative to organize a regional conference and build a regional team and chapter. Thus, the term: “Initiators”. A session was conducted in where few initiators were asked to share their experience and purpose behind starting a regional chapter and the work that goes behind it.

The initiators who spoke were: Shraddha and Rajiv Agarwal, Navendu Shirali, Ankita Bajaj, Nisreen Baramatiwala and Tapolina Banerjee.



From (L-R): Navendu Shirali, Shraddha Agarwal, Nisreen Baramatiwala, Ankita Bajaj, Tapolina Banerjee and Rajiv Agarwal

Shraddha and Rajiv shared that the idea behind starting the Jamshedpur Regional Conference was to take the idea to the people of Jamshedpur as they felt that the youth needed to hear it. The Jamshedpur team first conducted a regional under the banner of LMAD in the year 2013. And the conference in 2019 saw 900 students participating. Shraddha also shared that the level of excellence had changed after the conference began to happen under the banner of LMAD.

“It is easier to be a part of the programmes in Panchgani because everything is settled. But in a regional Conference everything needs to be arranged”.

Navendu spoke about his six-month sabbatical in 2011. He shared that from his sabbatical of working for LMAD, he got new skills which he applied in his corporate life. He narrated a story of how he and the LMAD team helped Bina Pani School obtain Laptops from the Tata Group in order to elevate the learning for the students. He also shared about the idea of starting a website during that time and also the challenges he faced while structuring a volunteering team for a regional program. In his six months, he along with team was able to help 5,629 youth.

Ankita shared her experience of organizing the Katni Youth Conference for the first time in 2019. She narrated that when she approached one school for help I was told no. The principal asked her about the benefit of hosting the Regional Conference. But later, through determination, she visited five to six other schools before getting an approval from one school. But that was not all; because of the numerous logistical and organizational hurdles, she had to visit the school 10 to 12 times. In addition, she also had the mammoth task of building a team. And today, Katni is a strong chapter with a dedicated team.

Nisreen shared the challenges she faced when she was trying to organize the Baramati Regional Conference. She faced a lot of difficulty in getting the parents to send their daughters and sons to participate in the regional conference; and also had faced hurdles in getting sponsorship. But with a lot of effort, the team was able to run three consecutive conferences.

Tapolina is instrumental in helping LMAD make a footprint in Kolkata. She initially came in 2017 to the Youth Conference in Asia Plateau. After her experience at the YC, she sent participants from her school - The New Horizon School for the 2018 and 2019 Youth Conferences. And later, feeling the need for a Kolkata conference, she organized the first ever Kolkata Regional Conference in 2019 with the help of the LMAD team. The LMAD volunteer team has also been strengthened because of some participants from Kolkata.

25 Years of LMAD – the team

25 Years of LMAD would not have been possible without the hard work and contribution of the volunteering team. Many members of the team have contributed in their own capacity and at times have gone above and beyond the call of duty. They have leveraged their skills and expertise and added value to our work.

Apart from the efforts, the underlying trait of the team is the sense of sacrifice and service before self. Every member of the team has time and again made a sacrifice for the work of LMAD in the face of many challenging life situations in order to see the goals become a reality.

In this one session conducted by Viral Mazumdar, 18 key people were honoured for their contributions towards the work of LMAD. They were presented with a memento and a personal letter from Viral Mazumdar. Each one of them shared their experience of helping with LMAD and each one re-enforced their determination to give more and serve more. Apart from these eighteen people, there were more people who were also supposed to be honoured and given the memento, but they could not attend the gathering due to personal commitments.



RE-ENGAGING WITH THE LMAD TEAM

As the years passed by, many participants had disconnected with the idea and work of LMAD. Thus, in order to bring back the team and also encourage them to be actively involved, a session was conducted by Bisham Mansukhani and Navendu Shirali.

It was realized that all LMAD programs face problems around two areas- Volunteers and Materials. A shortage of volunteers makes the work of LMAD difficult. Material support refers to support in terms of logistics and infrastructure for LMAD programmes: which we also require to conduct our programmes effectively.

There was a brain storming session from which many ideas were thrown by the audience. This session also focussed on the future projects and goals of LMAD. Viral Mazumdar also spoke about the need for 100% commitment from each and everyone present. In addition, a slip of paper was passed around wherein,

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everyone wrote their commitments towards LMAD. The commitments focussed on the action that each person would take towards LMAD. The commitment sheets can be found in the Annexure of this report.

Apart from ideas and commitments, new projects and goals were discussed. The following key points were the take away from this session:

- There will be 5 to 6 Regional Conferences in a calendar year.
- A proposal was made wherein 3 people can have the opportunity to work for full time with LMAD (for 1 year) and these will be paid a stipend and their accommodation, food, travel and communication will be taken care off.
- 1 person needs to be in charge of data management of LMAD.
- LMAD lacks a production team. It was decided that there will be a dedicated production team that will focus on making videos/short films and other video and visual content as and when required. 1 person will be needed who will be in charge of filming all the conferences across India. In addition, this person will also be asked to shoot and record the testimony of parents of participants where they talk about the change in their children.
- A conference should be conducted at the Lal Bahadur Shastri National Academy of Administration for IAS trainees; because bureaucrats run the nation.
- We need to tie up with the finest institutes of the country and get 2 students from the 100 best institutes with equal representation from both sexes.
- An idea was proposed where every volunteer should save 100 rupees a month and later donate the total savings to LMAD every year. This will ensure regular funding for our cause.
- For this calendar year, it was decided to have an international conference in USA.

EVENING SESSIONS

When the gathering was being planned and designed, it was decided that evenings will be fun filled and adequate space will be given for participants to bond with one another. While the regular kettle parties in the lounges was one such session, the participants were treated to other forms of recreation in the evenings.

One evening, the volunteers of the gathering organized a very grand formal dinner for the participants. The formal dinner started with a toast in the foyer. On one evening, the participants were showcased a play called

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“Bharat Bhagya Vidhata”. This play has been organised by Shrimad Rajchandra Mission Dharampur and is supported by the Ministry of Culture, Government of India, and UNESCO, New Delhi. This play pays a tribute to Mahatma Gandhi as the country marked the 150th birth anniversary of the Mahatma in October 2019.



Poster of the Play

The play celebrates and honours the life and work of the Mahatma and how he helped shape the Freedom Struggle of India through his values and beliefs. This play is in huge demand across the country and LMAD had the chance to witness its 96th edition. Written by Prakash Kapadia, this play is directed by Rajesh Joshi of ‘Code Mantra’ and ‘Yugpurush’ fame.

And one evening, a musical band called Enzy, led by Nischal Zaveri came to perform for the audience. They enthralled the audience with famous Hindi songs and made the audience groove to their music. <

<http://enzystudios.com/>>



The Band Enzy led by Nischal Zaveri (Centre) entralling the audience

And on the last evening of the program, the LMAD team enjoyed themselves in a “Garba” – a traditional Gujarathi dance form

CONCLUSION

Keeping with old LMAD customs, a multi faith prayer was organized on the last day of the program. The multi faith prayer is a ceremony wherein all faiths are respected and prayers are recited by everyone around a lamp.

Then in the morning plenary, Sailesh – who serves in the territorial army gave a talk about the territorial army. He gave insights into how can one individual join the territorial army and also provided information around his line of work.

Towards the afternoon, the conference concluded with the distribution of photographs and the national anthem.

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ANNEXURE

I. List of Towns/Cities from which LMAD has representation:

MAHARASHTRA

Aurangabad, Ahmednagar, Akola, Amravati, Daund, Karjat, Pune, Satara, Kholapur, Sholapur, Karad, Sangli, Satara, Panchgani, Wai, Mahabaleshwar, Baramati, Nashik, Pimpri, Jalgaon, Jalna, Latur, Wadsa, Alibaug, Wardha, Thane, Lonavala, Panvel, Buldhana, Miraj, Hingaghat, Chandrapur, Nagpur, Bhandara, Yavatmal, Ballarpur, Gondia, Beed, Navi Mumbai,

GOA

Panjim

GUJARAT

Ankleshwar, Bharuch, Surat, Baroda, Ahmednagar, Bhavnagar, Veraval, Gandhinagar,

RAJASTHAN

Udaipur, Ajmer, Bikaner, Banswara, Kishangarh, Kota, Jodhpur

NEW DELHI

UTTAR PRADESH

Faridabad, Ghaziabad, Noida, Gurugram, Siddharthnagar, Kanpur, Lucknow, Prayagraj, Varanasi

UTTARAKHAND

Dehradun

PUNJAB

Jalandhar, Khanna Chandigarh,

HIMACHAL PRADESH

Leh, Kangra, Mandi, Dharmshala

WEST BENGAL

Kolkata

JHARKHAND

Jamshedpur, Ranchi, Tamar, Chandil, Gumla, Dhanbad,

ODISHA

Cuttack, Rourkela, Sambalpur, Ganjam, Bhubaneswar

MADHYA PRADESH

Turiya (Village), Bhopal, Indore, Sagar, Katni, Ashta, Jabalpur, Ratlam, Chhindwara, Satna, Rewa, Itarsi, Ranapur, Ujjain, Barnagar, Balaghat, Rajgarh, Sujalpur, Nagda

CHHATISGARH

Raipur, Durg, Dhamtari, Bhilai, Rajnandgaon

KARNATAKA

Bangalore, Dharwad, Mysore, Belgaum, Gulbarga, Hubli

TAMIL NADU

Chennai, Coimbatore, Conoor, Ooty, Salem

KERALA

Trichur, Kasargod

ANDHRA PRADESH/TELANGANA

Hyderabad, Secundrabad

ASSAM

Dibrugarh,

MEGHALAYA

Shillong

ARUNACHAL PRADESH

Itanagar

NAGALAND

Dimapur

INTERNATIONAL

Nepal, Sri Lanka, Kenya, UAE, USA, Canada, Afghanistan, Bangladesh, Qatar, St Marteens

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II. List of Commitments made by the participants:

Nitin Jain

I will try to live my life based on the four standards. I will also contribute to at least one Regional Conference

Mansi Mahajan

Rebuild Pune team with Rohit and try to make Pune regional program possible. Want to work with LMAD for unprivileged students. Will work for the international conference.

Prateek Raheja

I will live on these four standards and help other people come across this concept and improve their lives and I will try to send as many participants to Panchgani as possible.

Harsha S. Ahuja

I will do my absolute best in the regional conference of Nagpur.

Pooja Karia

I will bring two students for the YC in 2020.

I will source funds for LMAD YC and will be there for the Pune and Gujarat Conferences.

Neha Bhurke

I would like to join as a volunteer for the annual Youth Conferences in the near future.

I would like to join Facilitator training after speaking to my parents.

Maitreyee Borse

I commit to spreading the values of LMAD across all colleges in Pune and assist in the Pune regional conference program and its planning and organization.

Shloka Mehta

I commit to serve LMAD in whichever way possible- be it volunteering, coordinating sessions (if I am found capable and responsible enough).

Parth Gala

Taking charge of any kind of logistical help in any part of the world.

Disha Karia

I commit to send 10 participants from Thane for the YC and try to come out of my comfort zone and help to carry out LMAD work in every way I can.

Snehi Saraf

I will come and volunteer in at least one conference.

And if I can be of any help I would like to contribute.

Tsering Dawa

Recruiting of Tibetan and Indian brothers and sisters (at least 10)

Akash Gajwani

I would like to make a humble commitment of 3-5 participants for LMAD programs in 2020.

Alpita Chimane

Dedicate myself to follow my quite time thought and listen to my inner voice.

Sahil Kumar

I'll give my 100% in JYC and Mumbai YC (when that takes place). Also, if I get a chance to work as a volunteer in NYC, I would love to do it.

Sipika Hinduja

Will give my best in regional conferences.

Anurag Maloo

Work towards having an LMAD program in Bhutan 2020.

Take part in the LMAD Facilitator training.

Join at least one regional YC in 2020.

Mudit Surana

Conduct a Session on Anger Management.

Vijay Rane

Creating Creative cards and thanksgiving message cards.

Parv Surana

I won't commit anything that I won't be able to do; that's why I am just thinking about the idea of three people learning from you (Viral Bhai) in Delhi for a year.

I will have a word with my father and then will tell you my final commitment Viral Bhai.

Koushik Modi

Send minimum 2 participants for YC.

Try to create a sponsorship Brochure for JYC.

Manish Jaiswal

I will take LMAD sessions in rural sectors of UP.

I will volunteer for all the other program in regional areas.

Saurabh Gadiya

I commit for a creative idea for a LMAD corpus collection and LMAD bank, and also take personal responsibility to support the work financially, as well as have my physical presence whenever required.

Naveen Sai

I would like to work closely and learn.

I want to build an exercise around a current issue with youth with a small youth team.

Sumeet Jaiswal

I commit to Rs.100/- per month.

I will practice more of Quite time.

Ashwini Kumar Mahato

In my school I want to start quite time within a month.

Reshma Notani

As I am doing a course in Digital film making (DFM), I would like to help in editing videos and help in other tasks in the media field. Also, I would like to stay connected and continue being a volunteer and serve in other areas as well.

Rohit Nayar

I would like to be a part of the monitoring program.

Will send 10 participants for YC.

Work on Pune Regional Conference.

Divya Sadhwani

I will make the Indore RC happen in the coming months of 2020 and I assure you that it will be a huge success and all arrangements would be done prior. I will seek coordination from the people of Indore associated with LMAD. I will always be available to serve LMAD in every possible way. I will be saving money for the LMAD conference every day.

Rutuja Naveen

To have Mumbai Regional Conference in 2020.

To get at least 5 people to National Youth Conference 2020.

Parol Mohnani

I will help in the Nagpur Regional Conference. Apart from this, I can take out 1 hour per day to work for LMAD.

Vajih Khan

Reach out to school and colleges.

Engage with volunteers.

Connect with the corporates

Vighnesh Viswanathan

Commitment to look after all the reports and written material related to LMAD. This includes written content on the website.

Aswini Subramanian

I wish to be mentor/ Facilitator.

Radhika Hastak

I commit to pay 100/- per months for lofC funding.

I also commit to be available whenever possible and be fully committed towards the work of lofC.

Vedang Sonawane

Ground work in Parmarth Ashram in Hrishikesh (2020).

International outreach program in 2021 along with research for ground work in 2020.

Helping in structuring LMAD and stream lining smooth coordination in material printing, stocking, and all related work concerned.

Help in the planning for 26th NYC.

Harshal Thakare

Work towards the SAARC tie up before May 2020.

Harsh R

I assure to bring a massive change in terms of approaching people and aligning them with the idea of lofC, LAMD.

In quantification, I will be sending minimum 5 participants in YC 2020.

I will always available in the future for any kind of work.

Vachan Bagadia

Help and contribute to build strategy model for Nagpur RC.

Try and raise material sponsorship either YC or RC along with participant tie-ups.

Heena Barhate

Help in the visual design aspects of app. And also work with Mudit bhaiya for data management.

Ritika

I would like to help Aswini bhaiya for Hyderabad Regional conference.

Pyusha Dalmia

Embody the values of LMAD in daily life. Figure out what my one personality is with everyone.

Connect with 3 people in CSR in Deloitte for funding.

I can register on the IOFC international program website and do write-up about our 25th LMAD gathering and post photos. However, I will not be able to commit to travelling abroad or Indian programs due to further studies in 2020.

Aswini Mohapatra

Get back into a practice of QT and following the 4 values of PHUL.

Revive Odisha team.

Build momentum in Hyderabad.

Contribute Rs.100/- per months as soon as the app is ready.

Support in data management.

Kusum Sukhwani

Two things I want to commit-

I feel I don't subscribe to the role of a coordinator, and the way one should carry herself/himself. I want to work towards that.

Also, regarding the Katni youth conference, I will give more time to this particular conference.

Harpreet Gandhi

My commitment is to start practicing QT and to actively participate in a Regional conference.

This time I will not back out and I can assure you of this.

Khyaati Kadam

To imbibe the four principles in my life.

Do disciplined quite time.

Spread the message amongst my peers and volunteer for the programs that take place at Asia Plateau.

Sunny Bhambhani

I am going to help LMAD teams and try to convince people for participating in the youth conference.

Bhisham Mansukhani

I will want to support the facilitator training program.

Chirag G. Samtani

Help Mudit manage media.

Add more functionality to the LMAD app.

Create YouTube videos.

Disha Sadhwani

I am a writer and would love to spread the message and the idea of LMAD through my writings.

LMAD will always have me as a helping hand for any conference.

Komal Kewlani

I will surrender myself to spread the information to as many students of India as possible.

Radhika Kabani

Will attend and volunteer one regional conference.

Every year will send at least one participant plus donate my fees for youth conference when I cannot make it.

Aashni Bagadia

Help build the Instagram (social media) page.

Work with the Mumbai group to increase the scale of LMAD.

Tejas Jadhav

I commit myself to coordinate in every youth conference and try to coordinate and volunteer for most of the regional youth conferences.

Bharat Danao

Being in Mumbai at least for next three years, I would actively like to connect old dots in Mumbai, be mentored by LMAD old hands and rejuvenate the Bombay team once again. I would like to play the role of Harshal dada in Nagpur and Vedang in Pune in Mumbai.

Tapolina Banerjee

Getting students from Kolkata to attend YC and conducting KYC.

Prakash Wakude

I would like to send two participants for every regional conference.

Work on Pune conference and spread awareness.

Dhananjay Lokhande

I will work on the app and evolving it. And also, the creative content.

I will expertise and work on career and related sessions e.g. golf ball exercise.

I would like to donate a part of my monthly salary to LMAD account.

Randhir Jachak

I will be committed to making the Baramati YC happen regularly.

To live by following the PHUL standards.

Sonu Arora

Will take responsibility towards writing and creating songs, skits, plays, web-series and help the Nagpur and Mumbai team.

Naiya Shah

Contribute actively in regional conferences especially in Gujarat.

Deepak Ajwani

Can be a facilitator for YC or RC once a year.

Try to provide Material Support

Help build communication strategy + social outreach.

Sanika Shirdkar

Follow-up with the people within the city as many times as possible.

To live by the four values of IofC.

Qhase Lokhandwala

I will support Chirag to build all application related to activities.

I will work with Navendu on the 2020 Americas Conference.

Tanishk Patil

Commit to help bring participants from Pune.

Tanishqa Gandhi

I make a commitment that whenever I raise my hand for a work it will be done even if I have to put more efforts. I'll be committed to LMAD.

Shraddha Agarwal

IT platform for combined collaboration of all team members.

Send twenty students from Jamshedpur city.

Any IT work or social media support.

Mrunal Pore

I take responsibility of sending two participants to the YC every year.

And out of these two, one I will try to send from an underprivileged background and sponsor his fees.

Kumar Shah

I can help make the program structure and training template for the regional conferences.

Yash Runwal

Volunteer and get five participants from Nasik.

Try and attend as many lofC-LMAD programs as possible.

Nishant Sanghi

I will continue to work for the JYC and will try to take out time for other programs.

Improve on management and logistics for the other upcoming programs.

Saurabh Tharwani

After going back from this gathering, I will work on myself. I will work on my acting skills.

Rajiv Agrawal

I want to support every student/volunteer from Jamshedpur who are having financial constraint.

I want to work for a corpus of 5 lakhs by the end of 2020

Sailesh Mishra

1. Visiting 40 Pulwama victim families to get participants (children of martyrs) to attend.
2. Will get participants for the June Conference (02* Baramula+02 Uri+02 Sri Nagar+ 02 Rajouri=08 from J&K)

Adnan Harnesswala

I commit towards bringing more participants from Mumbai, having a regional conference in Mumbai and also use my expertise to help LMAD in the following areas:

1. Financial Management
2. Back end database structure
3. Social Media content
4. Communications and connecting with past LMADIANS and future
5. Logistical and operational management for all the conferences which I can make

